

Sheet1

RNUMRNAME,C,100	ABOUT,M	CHA
1 cafÚ diablo		4
2 cremat (flaming coffee)		4
3 irish coffee		4
4 jamaican coffee		4
5 kioki coffee		4
6 spiced tea		4
7 lemon verbena (verveine)		4
8 iced tea		4
9 american hot cocoa		4
10 italian hot cocoa		4
11 french hot chocolate		4
12 bouquet garni		5
13 vegetable stock		5
14 roasted vegetable stock		5
15 court bouillon		5
16 chicken stock		5
17 turkey stock		5
18 game stock		5
19 brown beef stock		5
20 white veal stock		5
21 fish stock		5
22 shrimp stock		5
23 dashi		5
24 chicken-enriched dashi (tori-gara dashi)		5
25 chicken broth		5
26 express chicken broth		5
27 express beef broth		5
28 express fish broth		5
29 express shellfish chipotle broth		5
30 sauce bÚchamel (white sauce)		5
31 yogurt and olive oil bÚchamel		5
32 flourless white sauce		5
33 no-cream white sauce		5
34 veloutÚ sauce		5
35 sauce espagnole (basic brown sauce)		5
36 quick brown sauce		5
37 sauce demi-glace		5
38 sauce madÞre (madeira sauce)		5
39 sauce chasseur (hunterÆs sauce)		5
40 sauce bordelaise (red wine and marrow sauce)		5
41 sauce marchand de vin (mushroom wine sauce)		5
42 sauce piquant (brown sauce with pickles and capers)		5
43 pan gravy for meat		5
44 pan gravy for poultry		5
45 basic herb pan sauce		5
46 pan sauce with leeks, orange, and rosemary		5
47 red wine and sour cherry pan sauce		5
48 mushroom wine sauce		5

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49 olive and sun-dried tomato pan sauce	5
50 citrus sauce	5
51 blackberry sage sauce	5
52 orange and ginger sauce	5
53 hollandaise sauce	5
54 blender hollandaise sauce	5
55 bŪarnaise sauce	5
56 blender bŪarnaise sauce	5
57 beurre noisette (brown butter)	5
58 sauce polonaise (brown butter crumb sauce)	5
59 beurre blanc (white butter sauce)	5
60 roasted red pepper sauce	5
61 roasted tomatillo spinach sauce	5
62 simple red lentil sauce	5
63 mango mustard seed sauce	5
64 fresh beet sauce	5
65 carrot ginger sauce	5
66 salsa fresca	6
67 salsa verde cruda	6
68 corn, cherry tomato, and avocado salsa	6
69 roasted tomato-chipotle salsa	6
70 roasted tomatillo salsa	6
71 roasted tomato-jalape±o salsa	6
72 mango salsa	6
73 chow-chow	6
74 piccalilli	6
75 whole cranberry relish	6
76 uncooked cranberry-orange relish	6
77 green tomato relish	6
78 corn and tomato relish	6
79 tart corn relish	6
80 quick red onion pickle	6
81 red onion marmalade	6
82 fresh mint chutney	6
83 fresh mint-cilantro chutney	6
84 fresh pineapple chutney	6
85 fresh tamarind chutney	6
86 green mango chutney	6
87 apple chutney	6
88 pear chutney	6
89 tomato chutney	6
90 spicy cucumber sambal	6
91 indonesian ginger sambal (sambal cuka)	6
92 tomato ketchup	6
93 blender tomato ketchup	6
94 red onion-garlic ketchup	6
95 mushroom ketchup	6
96 chili sauce	6
97 cocktail sauce	6

Sheet1

98 grainy or smooth french-style mustard	6
99 traditional mayonnaise	6
100 blender mayonnaise	6
101 sabayon-style mayonnaise	6
102 cream cheese mayonnaise (sauce parisienne)	6
103 garlic mayonnaise (a'oli)	6
104 saffron garlic mayonnaise (rouille)	6
105 jelled mayonnaise (mayonnaise collÚe)	6
106 aspic glaze	6
107 basic flavored butter	6
108 mustard butter	6
109 chili butter	6
110 shrimp or lobster butter	6
111 portuguese chili oil	6
112 orange oil	6
113 chili oil	6
114 american horseradish cream	6
115 bavarian apple and horseradish sauce	6
116 honey-mustard dipping sauce	6
117 mojo	6
118 scandinavian mustard-dill sauce	6
119 chimichurri	6
120 english fresh mint sauce	6
121 english cumberland sauce	6
122 pistou	6
123 picada	6
124 salsa verde	6
125 tuna sauce	6
126 avgolemono	6
127 lemon egg sauce	6
128 georgian garlic and walnut sauce	6
129 harissa	6
130 raita i (indian yogurt salad)	6
131 raita ii	6
132 nam prik (thai hot sauce)	6
133 thai chile-lime dipping sauce	6
134 southeast asian peanut dipping sauce	6
135 nuoc cham	6
136 asian black bean sauce	6
137 japanese wasabi soy sauce	6
138 citrus herb marinade	6
139 white wine marinade	6
140 tandoori marinade	6
141 soy and sherry marinade	6
142 beer marinade	6
143 red wine marinade	6
144 teriyaki marinade and sauce	6
145 peppery dry rub	6
146 cajun dry rub	6

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147 southern dry rub for barbecue	6
148 toasted whole spice dry rub	6
149 west indies dry rub	6
150 jamaican jerk paste	6
151 mediterranean garlic herb paste	6
152 mustard paste for roasted meats	6
153 chili-garlic spice paste	6
154 asian ginger spice paste	6
155 thai green curry paste	6
156 moroccan herb paste (charmoula)	6
157 orange-pineapple-chipotle baste	6
158 vermouth baste	6
159 southwestern apricot glaze	6
160 orange molasses glaze	6
161 brown sugar glaze for baked ham and roasted poultry	6
162 cranberry glazes for baked ham and roasted poultry	6
163 marmalade glazes for baked ham and roasted poultry	6
164 mustard glazes for baked ham and roasted poultry	6
165 pineapple glazes for baked ham and roasted poultry	6
166 barbecue sauce	6
167 chipotle pepper glaze/ ketchup/barbecue sauce	6
168 old-fashioned vegetable soup	7
169 cabbage soup	7
170 butternut squash soup	7
171 french onion soup	7
172 cold avocado soup	7
173 cream of cauliflower soup	7
174 new york deli borscht	7
175 mushroom soup	7
176 mushroom barley soup	7
177 fresh tomato soup	7
178 grilled tomato soup	7
179 tomato jalapeño chilaquiles	7
180 tuscan bread and tomato soup (pappa al pomodoro)	7
181 roasted red pepper soup	7
182 cheddar cheese soup	7
183 gazpacho	7
184 minestrone	7
185 provençal vegetable soup (soupe au pistou)	7
186 mulligatawny soup	7
187 barley soup with sausages (minestra d'Erzo)	7
188 portuguese greens soup (caldo verde)	7
189 hot and sour soup	7
190 scallion and mushroom soup	7
191 smooth potato leek soup (potage parmentier)	7
192 cuban black bean soup (sopa de frijol negro)	7
193 georgia peanut soup	7
194 lentil soup	7
195 mediterranean white bean soup	7

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196 u.s. senate bean soup	7
197 split pea soup	7
198 chinese egg drop soup	7
199 italian parmesan and egg soup (stracciatella)	7
200 greek lemon soup	7
201 spanish garlic soup with eggs (sopa de ajo)	7
202 chicken noodle soup	7
203 chicken rice or barley soup	7
204 matzo ball soup	7
205 chicken or beef consomm�	7
206 light-colored miso soup with simmered vegetables	7
207 dark-colored miso soup with saut�ed vegetables	7
208 mongolian hot pot	7
209 fruit soup	7
210 cherry soup	7
211 melon soup	7
212 fresh corn chowder	7
213 corn chowder with chili peppers	7
214 new england clam chowder	7
215 manhattan clam chowder	7
216 pacific northwest salmon chowder	7
217 landlubber's fish chowder	7
218 oyster stew	7
219 lobster bisque	7
220 louisiana court-bouillon	7
221 charleston crab soup	7
222 cream of mussel soup (billi bi)	7
223 caribbean callaloo	7
224 sardinian seafood stew (cassola)	7
225 bouillabaisse	7
226 bourride of monkfish and clams	7
227 borscht	7
228 french simmered beef and vegetables (pot-au-feu)	7
229 vietnamese beef noodle soup (pho bo)	7
230 oxtail soup	7
231 scotch broth	7
232 chicken soup cockaigne	7
233 chicken gumbo	7
234 pennsylvania dutch chicken corn soup	7
235 puerto rican chicken rice soup (asopao de pollo)	7
236 thai chicken and coconut soup	7
237 soft-boiled eggs (basic recipe)	8
238 hard-boiled eggs (basic recipe)	8
239 coddled egg	8
240 quick hard-boiled egg with white sauce	8
241 creamed eggs au gratin	8
242 stuffed eggs	8
243 baked stuffed eggs	8
244 scotch eggs	8

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245 dyed easter eggs	8
246 fried eggs sunny-side-up	8
247 fried egg sandwich	8
248 egg in a hole	8
249 huevos rancheros	8
250 eggs beatrice	8
251 poached eggs (basic recipe)	8
252 eggs benedict	8
253 scrambled eggs (basic recipe)	8
254 french scrambled eggs (basic recipe)	8
255 matzo brei (basic recipe)	8
256 baked eggs (basic recipe)	8
257 french omelet	8
258 western or denver omelet	8
259 hangtown fry	8
260 zucchini frittata	8
261 artichoke frittata for a crowd	8
262 soufflÚed omelet (basic recipe)	8
263 cheese soufflÚ	8
264 spinach soufflÚ	8
265 make-ahead goat cheese and walnut soufflÚs	8
266 vegetable timbale	8
267 vegetable timbales ii	8
268 quiche lorraine	8
269 crustless quiche	8
270 tomato and goat cheese quiche	8
271 leek tart (flamiche aux poireaux)	8
272 basic breakfast strata	8
273 uncooked eggnog	8
274 cooked eggnog	8
275 potato or saratoga chips	9
276 root chips	9
277 crispy potato skins	9
278 tortilla chips	9
279 nachos	9
280 red onion dip	9
281 spinach yogurt dip	9
282 black-bean salsa dip	9
283 baked artichoke dip	9
284 hot crab dip	9
285 seven-layer dip	9
286 liptauer cheese	9
287 blue cheese spread with walnuts	9
288 cream-cheese chutney spread	9
289 salmon mousse	9
290 lemon crackers	9
291 ham biscuits	9
292 turkey biscuits with chutney butter	9
293 filet mignon canapÚs	9

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294 smoked trout canapés with horseradish cream	9
295 marinated goat cheese with fresh thyme	9
296 goat cheese with cracked pepper	9
297 pesto cheesecake	9
298 cheese ball	9
299 brie baked in pastry	9
300 new potatoes stuffed with bacon and cheese	9
301 new potatoes stuffed with sour cream and caviar	9
302 mushrooms stuffed with breadcrumbs and herbs	9
303 mushrooms stuffed with sausage	9
304 stuffed celery	9
305 mushroom triangles	9
306 spinach and feta triangles	9
307 parmesan straws	9
308 food processor cheese straws	9
309 choux puffs with lobster salad	9
310 angels on horseback	9
311 oysters rockefeller	9
312 clams casino	9
313 baked honey shrimp	9
314 cajun popcorn	9
315 beer-batter shrimp	9
316 buffalo chicken wings	9
317 deviled chicken wings	9
318 lemon rosemary chicken on skewers	9
319 chicken fingers	9
320 ham rolls with asparagus and honey mustard	9
321 smoked turkey and arugula rolls	9
322 pigs in a blanket	9
323 rumaki	9
324 water chestnut rumaki	9
325 baby riblets	10
326 chinese dumplings	10
327 scallion pancakes	10
328 tea eggs	10
329 cantonese-style pickled vegetables	10
330 crisp pecans	10
331 crudité	10
332 salmon pâté	10
333 tapenade (caper olive paste)	10
334 tuna tapenade	10
335 anchovy toasts	10
336 gougères (cheese puffs)	10
337 cheese chips	10
338 whipped feta with roasted peppers	10
339 small olive pastries	10
340 taramasalata (pureed fish roe)	10
341 stuffed grape leaves	10
342 herbed laban (yogurt cheese)	10

Sheet1

343 hummus (middle eastern chickpea and sesame dip)	10
344 baba ghanoush (roasted eggplant dip)	10
345 samosas with potatoes and peas	10
346 chat (potato and chickpea salad with tamarind)	10
347 potato patties	10
348 barbecued kebabs	10
349 tuscan dipping sauce for raw vegetables	10
350 melon and figs wrapped in prosciutto	10
351 fennel wrapped in prosciutto	10
352 bocconcini (marinated mozzarella)	10
353 white bean and roasted garlic puree	10
354 bruschetta with tomatoes and basil	10
355 chicken dumplings	10
356 beef and scallion rolls (negi maki)	10
357 shrimp and scallop dumplings	10
358 tacos filled with ground beef, turkey, or chicken	10
359 grilled fish tacos	10
360 crisp shredded chicken tacos or flautas	10
361 shrimp and avocado tostadas	10
362 chicken or turkey tostadas	10
363 masa boats with assorted toppings	10
364 griddle-baked quesadillas	10
365 empanadas	10
366 guacamole	10
367 lamb brochettes with north african spices	10
368 tunisian-style carrot salad	10
369 lemon-flecked olives	10
370 harissa-seasoned black olives	10
371 pirozhki	10
372 eggplant caviar	10
373 georgian kidney bean salad	10
374 salted mushrooms	10
375 garlic cheese	10
376 potato and herring salad	10
377 smoked salmon and egg sandwiches	10
378 danish shrimp sandwich	10
379 bread sticks with serrano ham	10
380 sausages with fresh figs	10
381 tortilla espa±ola (potato omelet)	10
382 mixed marinated olives, spanish style	10
383 vietnamese summer rolls	10
384 grilled five-spice ribs	10
385 beef satay with peanut sauce	10
386 cheese fondue	10
387 classic club sandwich	11
388 hot brown	11
389 the hero	11
390 sausage and pepper sub	11
391 the hot dog	11



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392 the hamburger	11
393 mushroom burger	11
394 becker burgers	11
395 chutney turkey burger	11
396 sloppy joe	11
397 open-faced hot roast beef sandwich	11
398 grilled cheese sandwich	11
399 bagels and lox	11
400 deli-style corned beef and tongue triple-decker sandwich	11
401 deli-style braunschweiger sandwich	11
402 western sandwich	11
403 welsh rarebit	11
404 blt	11
405 chipped beef and cheese sandwich	11
406 tuna melt	11
407 shrimp or lobster melt	11
408 reuben sandwich	11
409 croque monsieur	11
410 cuban sandwich	11
411 turkey and avocado roll-ups	11
412 grilled vegetable roll-ups	11
413 oyster poÆ boy	11
414 philadelphia cheese steak	11
415 lobster roll	11
416 fried clam roll	11
417 muffuletta	11
418 pasties	11
419 grilled eggplant and roasted red pepper panini	11
420 prosciutto, mozzarella, and basil panini	11
421 steak fajitas	11
422 classic bean burritos	11
423 pizza with tomato sauce, mozzarella, and assorted toppings	11
424 white pizza	11
425 grilled pizza with tomato and three cheeses	11
426 calzone with assorted fillings	11
427 green salad	12
428 tart green salad	12
429 field salad with fresh herbs	12
430 mixed greens with cheese crisp	12
431 caesar salad	12
432 reduced-fat caesar salad	12
433 greek salad	12
434 romaine and red onion salad with corn bread croutons	12
435 tart greens with apples, pecans, and buttermilk honey dressing	12
436 endive and walnut salad	12
437 arugula with summer vegetables	12
438 salad of grilled chicken and tart greens	12
439 thai beef salad	12
440 spinach salad	12

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441 spinach with seared shrimp, bacon, and roasted bell peppers	12
442 spinach salad with grapefruit, orange, and avocado	12
443 lobster salad vinaigrette	12
444 bistro salad	12
445 baked goat cheese and baby greens	12
446 mixed greens with grilled tuna, leeks, and tomatoes	12
447 grilled scallop and fennel salad	12
448 grilled swordfish, tangerine, and jÝcama salad	12
449 tomato salad	12
450 tomato and mozzarella salad (insalata caprese)	12
451 bread and tomato salad (panzanella)	12
452 pita salad (fattoush)	12
453 avocado slices	12
454 avocado and mango salad	12
455 carrot and raisin salad	12
456 waldorf salad	12
457 cucumber salad	12
458 cucumber and yogurt salad (tzatziki)	12
459 cold asparagus salad with sesame seeds	12
460 creamy beet salad	12
461 fennel and mushroom salad	12
462 celery root rÚmoulade	12
463 jÝcama salad	12
464 sicilian salad	12
465 american potato salad	12
466 french potato salad	12
467 german potato salad	12
468 tzatziki potato salad	12
469 peruvian potato salad	12
470 cole slaw	12
471 tangy reduced-fat cole slaw	12
472 asian cole slaw	12
473 hot apple slaw	12
474 chickpea salad	12
475 white bean salad with green olives	12
476 three-bean salad	12
477 black bean, corn, and tomato salad	12
478 lentil and red potato salad with warm sherry vinaigrette	12
479 rice salad with chicken and black olives	12
480 wild rice salad with sausage	12
481 brown rice salad with dates and oranges	12
482 pasta salad (basic recipe)	12
483 creamy macaroni salad (reduced fat)	12
484 penne salad with feta and olives	12
485 pasta salad with grilled chicken and avocado	12
486 pasta salad with shrimp, roasted red peppers, and black olives	12
487 tortellini (or ravioli) salad	12
488 couscous salad with pine nuts and raisins	12
489 tabbouleh	12

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490 chef/Es salad	12
491 reduced-fat chef/Es salad	12
492 cobb salad	12
493 reduced-fat cobb salad	12
494 salade nipoise	12
495 chicken or turkey salad	12
496 southwestern chicken salad	12
497 chinese chicken salad	12
498 turkey salad with chutney and cashews	12
499 egg salad	12
500 tuna salad	12
501 lobster salad	12
502 seafood salad	12
503 crab louis	12
504 basic savory aspic	12
505 tomato aspic	12
506 creamy cucumber gelatin salad	12
507 golden glow gelatin salad	12
508 basic vinaigrette or french dressing	13
509 reduced-fat vinaigrette	13
510 honey mustard vinaigrette	13
511 tomato mint vinaigrette	13
512 spicy walnut vinaigrette	13
513 chunky blue-cheese vinaigrette	13
514 fennel parmesan vinaigrette	13
515 ginger soy vinaigrette	13
516 thai vinaigrette	13
517 roasted red pepper dressing	13
518 tangerine shallot dressing	13
519 apricot dressing	13
520 roasted garlic dressing	13
521 sun-dried tomato dressing	13
522 poppy seed honey dressing	13
523 feta dressing (reduced fat)	13
524 classic russian dressing	13
525 thousand island dressing	13
526 green goddess dressing	13
527 creamy blue-cheese dressing	13
528 reduced-fat blue-cheese dressing	13
529 sauce louis	13
530 creamy caraway dressing	13
531 creamy chili dressing	13
532 midwestern cream dressing	13
533 tahini dressing	13
534 ranch dressing	13
535 goat cheese dressing (reduced fat)	13
536 yogurt dill dressing (reduced fat)	13
537 sour cream dressing for vegetable salads	13
538 guacamole dressing	13

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539 basic cooked pearl barley	14
540 barley with toasted buttered pecans	14
541 barley and mushroom ôrisottoö	14
542 barley, mushroom, and asparagus salad	14
543 basic cooked kasha	14
544 bowties with kasha (kasha varnishkes)	14
545 cornmeal mush	14
546 tamale pie	14
547 soft polenta with butter and cheese	14
548 oven-baked polenta	14
549 polenta toast	14
550 baked cheese grits	14
551 hominy	14
552 baked hominy	14
553 posole	14
554 chicken and cheese tamales	14
555 basic cooked millet	14
556 old-fashioned rolled oats with raisins and spices	14
557 steel-cut oats with raisins and spices	14
558 muesli	14
559 unsweetened dried fruit and nut granola	14
560 basic cooked quinoa	14
561 quinoa-stuffed acorn squash	14
562 basic cooked white rice	14
563 basic cooked brown rice	14
564 oven-baked white rice	14
565 oven-baked brown rice with mushrooms	14
566 fried rice	14
567 red rice	14
568 hoppin' john (carolina rice and bean pilau)	14
569 basic pilaf	14
570 spiced brown rice pilaf	14
571 two-grain date pilaf	14
572 lentil and rice pilaf with toasted cumin seeds	14
573 spanish rice	14
574 persian rice	14
575 thai coconut rice	14
576 congee with chicken and scallions	14
577 simplest risotto (risotto in bianco)	14
578 risotto milanese	14
579 fresh corn risotto with basil, tomato, and lime	14
580 leftover risotto pancake(risotto al salto)	14
581 paella valenciana	14
582 chicken jambalaya	14
583 plain cooked japanese rice (gohan)	14
584 rye berry salad with roasted pepper dressing	14
585 garlic-sesame triticale salad	14
586 basic cooked wheat, kamut, or spelt berries	14
587 whole-grain berries with sautéed onions and dried fruits	14

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588 traditional steamed couscous	14
589 quick couscous	14
590 winter vegetable couscous	14
591 baked zucchini stuffed with couscous	14
592 couscous with zucchini and cherry tomatoes	14
593 couscous salad	14
594 basic cooked wild rice	14
595 wild rice with sautéed mushrooms	14
596 wild rice and barley	14
597 classic black beans (frijoles negros)	15
598 brazilian black beans	15
599 black beans and rice	15
600 refried beans	15
601 wild caribbean black bean chili	15
602 warm black-eyed peas and greens	15
603 curried chickpeas with vegetables	15
604 couscous with chickpeas	15
605 falafel	15
606 oven-roasted chickpeas	15
607 fava bean puree	15
608 basic cooked lentils	15
609 sesame stir-fried lentils and vegetables	15
610 lentils with spinach and soy sauce	15
611 lentils with turkey and green olives	15
612 cotechino with braised lentils	15
613 lentils and tomato sauce with elbow macaroni and fried onions	15
614 anna's lima beans	15
615 red bean and lima succotash	15
616 red beans and rice	15
617 vegetarian chili	15
618 caribbean red bean stew with pork	15
619 kidney bean casserole	15
620 indian lentil puree (dal)	15
621 classic tuscan beans	15
622 boston baked beans	15
623 honey-glazed baked beans	15
624 flageolets and tomato with buttered crumbs	15
625 beans and cabbage with shrimp	15
626 cassoulet	15
627 soy milk	15
628 szechuan spiced tofu	15
629 southeast asian curried vegetable stew	15
630 smoked tofu burgers	15
631 brown rice and tofu salad with orange sesame dressing	15
632 moo shu tempeh	15
633 szechuan-style hacked tempeh	15
634 dinner loaf, tex-mex style	15
635 lion's head	15
636 root vegetable and seitan stew	15

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637 seitan kibbe	15
638 fresh egg pasta (basic recipe)	16
639 italian tomato sauce (basic recipe)	16
640 simplest italian tomato sauce marinara	16
641 mariaÆs twenty-minute tomato sauce	16
642 fresh tomato sauce	16
643 puttanesca sauce	16
644 classic italian american tomato sauce i (neapolitan rag`)	16
645 classic italian american tomato sauce ii	16
646 bolognese sauce (rag` bolognese)	16
647 chicken rag`	16
648 pesto sauce	16
649 red pesto sauce	16
650 porcini and red wine sauce	16
651 canned tuna sauce	16
652 spaghetti with garlic and oil (aglio e olio)	16
653 fettuccine with butter and cheese	16
654 penne with vodka	16
655 fettuccine with fresh herbs	16
656 fettuccine primavera	16
657 pasta and beans (pasta e fagioli)	16
658 fettuccine alfredo	16
659 linguine with white clam sauce	16
660 penne with shrimp and fresh chili peppers	16
661 spinach fettuccine with smoked salmon and asparagus	16
662 spaghetti alla carbonara	16
663 orecchiette with sausage and broccoli rabe	16
664 bow ties with spicy chicken bits and broccoli	16
665 potato gnocchi	16
666 simple cheese filling	16
667 vegetable cheese filling	16
668 meat filling	16
669 classic italian american lasagne	16
670 lasagne bolognese	16
671 roasted red pepper and herb goat cheese lasagne	16
672 roasted vegetable lasagne	16
673 pesto vegetable lasagne	16
674 individual baked shells with red pepper puree	16
675 baked manicotti	16
676 crespelle	16
677 egg noodles	16
678 buttered egg noodles	16
679 egg noodles with garlic and breadcrumbs	16
680 poppy-seed noodles	16
681 egg noodles with pot cheese	16
682 egg noodles with sour cream and chives	16
683 mushroom walnut noodle pudding (kugel)	16
684 sweet noodle pudding (lukshenkugel)	16
685 baked macaroni and cheese	16

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686 stovetop macaroni and cheese	16
687 tuna noodle casserole	16
688 dumplings	16
689 potato dumplings (kartoffelkl-se)	16
690 cornmeal dumplings	16
691 spätzle	16
692 nockerln	16
693 chicken lo mein	16
694 beef chow fun	16
695 singapore noodles	16
696 spicy peanut sesame noodles	16
697 shrimp pad thai	16
698 beijing noodles with meat sauce	16
699 spicy szechuan noodles	16
700 pan-browned noodle cake with shrimp and beef	16
701 shanghai noodles with eggplant and fresh seasonal vegetables	16
702 japanese noodles in broth	16
703 cold soba noodles in a basket	16
704 spicy pepper pesto soba	16
705 roasted artichoke stems and hearts	17
706 fried artichokes	17
707 tuscan-style stuffed artichokes	17
708 braised baby artichokes and peas	17
709 june vegetable ragout	17
710 roasted asparagus	17
711 stir-fried asparagus	17
712 asparagus with orange and hazelnuts	17
713 asparagus with mustard miso	17
714 green beans with sautéed mushrooms	17
715 green beans with onions, tomatoes, and dill	17
716 stir-fried yard-long beans with ginger and garlic	17
717 pureed lima beans with fresh thyme	17
718 fava beans roman style	17
719 stir-fried bean sprouts	17
720 baked or roasted beets	17
721 roasted potatoes, beets, and onions vinaigrette	17
722 sweet-and-sour beets with apples	17
723 sautéed beet greens	17
724 stir-fried bok choy with mushrooms	17
725 baby bok choy with soy ginger sauce	17
726 sweet or savory baked boniato	17
727 roasted breadfruit	17
728 sautéed broccoli with garlic and red pepper flakes	17
729 ginger wine broccoli stir-fry	17
730 gratin of broccoli with cheddar cheese	17
731 stir-fried chinese broccoli with oyster sauce	17
732 garlic-braised broccoli rabe or rapini	17
733 brussels sprouts with brown butter and toasted nuts	17
734 brussels sprouts with chestnuts	17

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735 brussels sprouts cockaigne	17
736 creamed cabbage	17
737 braised cabbage with dill	17
738 cabbage gratin	17
739 cabbage and potatoes with smoked ham	17
740 stuffed cabbage rolls	17
741 cabbage rolls stuffed with salmon and wild rice	17
742 braised red cabbage with apples	17
743 alsatian sauerkraut	17
744 roasted cactus salad	17
745 roasted carrots	17
746 parslied carrots	17
747 braised carrots	17
748 oven-braised carrots and parsnips	17
749 root vegetable puree	17
750 steamed cauliflower with parsley and garlic	17
751 sautÚed cauliflower	17
752 roasted cauliflower with paprika	17
753 scalloped cauliflower	17
754 cauliflower, potato, and spinach curry	17
755 braised celery hearts	17
756 roasted celery root	17
757 chard sautÚed with garlic	17
759 louisiana-style chayote	17
760 chestnut puree	17
761 stir-fry of napa cabbage and carrots	17
762 southern collard greens	17
763 collards with rice	17
764 corn on the cob	17
765 sautÚed corn	17
766 creamed corn	17
767 corn fritters	17
768 corn pudding cockaigne	17
769 corn pudding with roasted poblano peppers	17
770 cheese, chili, corn squares	17
771 baked fresh corn tamale terrine	17
772 deeÆs corn and tomato salad	17
773 sautÚed cucumbers with fresh herbs	17
774 roasted whole eggplant	17
775 baked eggplant	17
776 rolled stuffed eggplants	17
777 eggplant parmigiana	17
778 caponata (eggplant relish)	17
779 ratatouille	17
780 grilled ratatouille salad	17
781 belgian endive au gratin	17
782 braised radicchio	17
783 roasted radicchio	17
784 roasted fennel	17



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785 fennel Ó la grecque	17
786 grilled fennel and tomatoes with black olives and basil	17
787 gratin of fennel and zucchini	17
788 roasted whole garlic heads	17
789 golden pan-fried jerusalem artichokes	17
790 roasted jerusalem artichokes	17
791 kale with bacon	17
792 kale and potato gratin	17
793 kohlrabi with parmesan cheese	17
794 braised leeks	17
795 slow-roasted leeks	17
796 grilled leeks	17
797 creamy leeks	17
798 warm leeks vinaigrette	17
799 braised lettuce	17
800 roasted portobello mushrooms, fines herbes	17
801 sautéed mushrooms	17
802 broiled mushroom caps	17
803 portobello pizzas	17
804 broiled mushrooms, italian style	17
805 grilled mushrooms	17
806 mushroom ragout	17
807 creamed mushrooms with dried porcini	17
808 duxelles	17
809 braised mustard greens with bacon	17
810 mustard greens with chickpeas and curry	17
811 sautéed okra with roasted red peppers	17
812 okra stew	17
813 roasted whole onions	17
814 sautéed onions	17
815 caramelized onions	17
816 creamed onions	17
817 sweet-and-sour glazed small onions	17
818 baked stuffed onions with sausage	17
819 grilled sweet onions	17
820 fried onion rings	17
821 grilled sesame scallions	17
822 glazed parsnips	17
823 curried parsnips	17
824 oven-braised parsnips	17
825 young peas (petits pois)	17
826 braised peas	17
827 stir-fried snow peas	17
828 fresh peas and onions	17
829 peas and carrots	17
830 peas with prosciutto and onions	17
831 sautéed peppers	17
832 grilled red bell peppers and red onions	17
833 meat-stuffed bell peppers	17

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834 red peppers stuffed with saffron rice and pine nuts	17
835 baked chiles rellenos with cheese	17
836 stuffed jalapeños	17
837 golden sautéed plantain slices	17
838 tostones	17
839 mashed potatoes	17
840 buttermilk mashed potatoes	17
841 mashed potatoes with cabbage and scallions (colcannon)	17
842 smashed potatoes with basil pesto	17
843 pan-fried golden potatoes with rosemary and lemon	17
844 hash brown potatoes	17
845 potato pancakes	17
846 golden potato pancakes (röstli)	17
847 potato galette	17
848 no-fail french fries	17
849 shoestring potatoes	17
850 franconia, or browned potatoes	17
851 baked potatoes with cheese and bacon	17
852 oven-roasted french fries	17
853 pommes anna	17
854 gratin dauphinois	17
855 sautéed tiny new potatoes	17
856 potato and chicken bake	17
857 red radishes with scallions	17
858 salsify with herbs	17
859 roasted shallots	17
860 crispy shallots	17
861 wilted spinach or chard	17
862 creamed spinach	17
863 garlicky spinach	17
864 spinach with currants and pine nuts	17
865 saag paneer	17
866 greek spinach and cheese pie (spanakopita)	17
867 sautéed summer squash with parsley and garlic	17
868 summer squash and pasta	17
869 braised crookneck squash with onions and herbs	17
870 zucchini with corn and chili peppers	17
871 zucchini pancakes with mint and feta cheese	17
872 fried zucchini in herb batter	17
873 zucchini casserole	17
874 squash blossoms stuffed with cheese and herbs	17
875 baked stuffed zucchini	17
876 baked squash with parmesan and herbs	17
877 summer squash gratin	17
878 summer squash, sweet pepper, and polenta casserole	17
879 sweet or savory winter squash puree	17
880 spaghetti squash (spaghetti)	17
881 grated butternut squash gratin	17
882 baked acorn squash with pear and apple	17

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883 baked butternut squash stuffed with sausage and apples	17
884 vegetable potpie with cheddar biscuit crust	17
885 mashed sweet potatoes	17
886 stuffed sweet potatoes	17
887 deep-fried sweet potatoes	17
888 sweet potatoes with apples and brown sugar	17
889 candied sweet potatoes	17
890 grilled sweet potatoes with sweet chili glaze	17
891 sweet potato and peanut stew	17
892 spicy baked true yams	17
893 broiled tomatoes	17
894 tomatoes broiled with blue cheese	17
895 grilled tomatoes	17
896 slow-roasted tomatoes	17
897 tomatoes provençal	17
898 stewed tomatoes	17
899 scalloped tomatoes	17
900 sautéed cherry tomatoes	17
901 tomato concassé	17
902 fried green tomatoes	17
903 braised turnips	17
904 braised turnips with pancetta and leeks	17
905 turnip puree	17
906 winter root vegetable braise	17
907 oven-roasted turnips with squash and shallots	17
908 turnip greens with salt pork	17
909 stir-fried water chestnuts	17
910 cuban-style yuca root with citrus and garlic	17
911 light syrup for poaching fruit	18
912 fresh fruit cup or fruit salad	18
913 heavy syrup for chilling fruit	18
914 fruit fondue	18
915 applesauce	18
916 instant applesauce	18
917 baked apples	18
918 baked apples with orange sauce	18
919 candied apples	18
920 caramel apples	18
921 buttered apple slices	18
922 apple fritters	18
923 spiced crab apples	18
924 apricot compote	18
925 bananas foster	18
926 grilled bananas	18
927 cranberry conserve	18
928 gooseberry fool	18
929 raspberry gratin	18
930 strawberries romanoff	18
931 coeurs Ó la crême	18

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932 strawberry cheesecake surprises	18
933 chocolate-covered strawberries	18
934 cherries with cream and chocolate	18
935 north african salt-preserved lemons	18
936 winter fruit salad	18
937 citrus salad	18
938 ambrosia	18
939 broiled grapefruit	18
940 candied citrus peel	18
941 stuffed dates	18
942 prune compote	18
943 baked figs with ricotta	18
944 mango fool	18
945 summer fruit cup	18
946 melon with port	18
947 melon and prosciutto	18
948 watermelon fruit basket	18
949 roasted nectarines with raspberry vinegar glaze	18
950 peaches in port	18
951 peach melba	18
952 poached pears	18
953 pears in red wine	18
954 pears in cream and kirsch	18
955 glazed pineapple rings	18
956 pineapple in hot buttered rum sauce	18
957 pomegranate molasses	18
958 melon with prickly pear sauce	18
959 baked quinces	18
960 rhubarb compote	18
961 pineapple with passion fruit	18
962 basic bread stuffing	19
963 bread stuffing with sausage and apples	19
964 bread and mushroom stuffing	19
965 parsley and breadcrumb stuffing for fish	19
966 basic corn bread stuffing	19
967 corn bread stuffing with cumin and hot chili peppers	19
968 miles standish stuffing	19
969 mashed potato stuffing	19
970 sweet potato and apple stuffing	19
971 rice stuffing with almonds, raisins, and middle eastern spices	19
972 couscous stuffing with dried apricots and pistachios	19
973 wild rice and porcini stuffing	19
974 rice stuffing with chorizo and hot chili peppers	19
975 spinach-ricotta stuffing	19
976 spinach, mushroom, and ground meat stuffing	19
977 sausage and fennel stuffing	19
978 mignonette sauce	20
979 scallop sevicehe	20
980 broiled or grilled shrimp or scallops	20

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981 broiled or grilled shrimp or scallops with chili paste	20
982 broiled or grilled shrimp or scallops, basque style	20
983 broiled shrimp or scallops with persillade	20
984 broiled or grilled shrimp or scallops with coconut curry sauce	20
985 grilled or broiled shrimp or scallops with hoisin or barbecue sauce	20
986 grilled squid (or cuttlefish)	20
987 grilled, broiled, or roasted soft-shell crabs	20
988 grilled or broiled split lobster with olive oil, garlic, and lemon	20
989 roasted scallops or shrimp with tomato	20
990 marinated and grilled octopus	20
991 clambake	20
992 basic steamed clams (steamers)	20
993 steamed hard-shell clams with garlic	20
994 thai clam pot	20
995 steamed lobster	20
996 lobster thermidor	20
997 steamed blue crabs	20
998 steamed mussels	20
999 steamed mussels with tarragon cream sauce	20
1000 steamed scallops or shrimp with soy sauce	20
1001 no-fail boiled shrimp	20
1002 poached shrimp with carrot juice and thai spices	20
1003 steamed shrimp tortillas with coconut curry sauce	20
1004 crayfish or shrimp ÚtouffÚe	20
1005 shrimp and beans	20
1006 curry shrimp	20
1007 stewed octopus, squid, or cuttlefish, provençal style	20
1008 oven-braised squid with tomato sauce	20
1009 mixed shellfish in tomato sauce	20
1010 mixed stewed shellfish with mushrooms and greens	20
1011 pan-grilled shrimp, scallops, or squid	20
1012 sautéed shrimp or other shellfish in olive oil	20
1013 sautéed shrimp with polenta	20
1014 shrimp with parsley pesto	20
1015 spice-dusted shrimp or other shellfish on greens	20
1016 shrimp in creole sauce	20
1017 stir-fried shrimp, scallops, or squid with basil and garlic	20
1018 stir-fried clams or mussels with oyster or hoisin sauce	20
1019 stir-fried squid, shrimp, or scallops with black beans	20
1020 stir-fried lobster with chives	20
1021 crabcakes	20
1022 fried clams, shrimp, squid, or oysters with cornmeal coating	20
1023 fried shrimp, scallops, or oysters with breadcrumb coating	20
1024 fried clams, shrimp, scallops, squid, or oysters with flour coating	20
1025 clams, shrimp, scallops, squid or oysters tempura	20
1026 caribbean style clam, squid, or whelk fritters	20
1027 geoduck clam fritters with pineapple salsa	20
1028 fried soft-shell crabs with ginger, lemon, and black beans	20
1029 lobster newburg	20

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1030 sea scallop gratin (coquilles saint-jacques au gratin)	20
1031 baked stuffed lobster	20
1032 baked stuffed jumbo shrimp	20
1033 escargots in shells	20
1034 seafood Ó la king	20
1035 deviled crab gratin	20
1036 broiled fillets with olive oil and lemon	21
1037 grilled fillets with olive oil and lemon	21
1038 grilled or broiled salmon, tuna, swordfish, or other thick steaks	21
1039 teriyaki grilled salmon, tuna, swordfish, or other thick steaks	21
1040 broiled salmon with tomatoes, basil, and mint	21
1041 grilled salmon with a chili spice rub	21
1042 grilled or broiled chunks of swordfish or other fish on skewers	21
1043 grilled or broiled swordfish and nectarine skewers	21
1044 grilled or broiled monkfish and tomato skewers with moroccan flavors	21
1045 grilled or broiled whole red snapper or other fish	21
1046 grilled or broiled whole red snapper with ginger soy vinaigrette	21
1047 grilled or broiled whole mackerel or trout with bacon	21
1048 quickly roasted fish fillets	21
1049 roasted fish fillets spencer	21
1050 roasted fish fillets on a bed of vegetables	21
1051 slow-baked salmon fillets with herbed olive oil	21
1052 salmon fillets roasted in butter	21
1053 baked swordfish ôbirdsö	21
1054 roasted whole red snapper or other fish	21
1055 roasted whole blackfish, grouper, or other fish with mediterranean flavors	21
1056 roasted whole salmon	21
1057 roasted monkfish with garlic and herbs	21
1058 fish baked in salt	21
1059 poached salmon	21
1060 braised whole fish with red wine sauce	21
1061 fish steaks poached in white wine	21
1062 steamed fish steaks or whole fish, chinese style	21
1063 fish fillets or steaks in packages or casserole	21
1064 small fish, fillets, or steaks poached in soy sauce	21
1065 blue trout (truite au bleu)	21
1066 microwaved fish for two	21
1067 pan-grilled fish fillets or steaks	21
1068 pan-grilled fish fillets or steaks with sorrel sauce	21
1069 pan-grilled swordfish or tuna steaks au poivre	21
1070 sautéed fish fillets	21
1071 sautéed fish fillets with wine sauce and capers	21
1072 parmesan-crusted sautéed fish fillets	21
1073 cod in green sauce	21
1074 pan-fried whole fish	21
1075 pan-fried small fish, swedish style	21
1076 swordfish or tuna sautéed with olives, capers, peppers, and tomato	21
1077 skate with ôblackö butter	21
1078 crisp and spicy sautéed fish fillets	21

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1079 blackened fish steaks or fillets	21
1080 deep-fried fillets, southern style	21
1081 fish and chips	21
1082 thai fish cakes (tod man pla)	21
1083 sevice	21
1084 gravlax (salmon cured with salt, sugar, and dill)	21
1085 escabPche of fish	21
1086 fish loaf	21
1087 gefilte fish	21
1088 salmon croquettes	21
1089 brandade de morue (creamy salt cod dip)	21
1090 sunday supper fish cakes with horseradish cream	21
1091 kedgerree	21
1092 sautÚed shad roe	21
1093 roasted chicken	22
1094 poultry pan sauce or gravy	22
1095 turned roasted chicken	22
1096 roasted chicken with herbs and garlic	22
1097 roasted chicken and vegetables	22
1098 roasted stuffed chicken or capon	22
1099 roasted rock cornish hens or poussins	22
1100 glazed, stuffed, roasted rock cornish hens or poussins	22
1101 roasted chicken stuffed under the skin	22
1102 casserole-roasted chicken with forty cloves of garlic	22
1103 broiled chicken or rock cornish hens	22
1104 broiled lemon garlic chicken	22
1105 baked chicken with onions, garlic, and rosemary	22
1106 chicken breasts baked on mushroom caps	22
1107 baked chicken with orange juice	22
1108 baked chicken with tomatoes, ham, and madeira	22
1109 oven-barbecued chicken	22
1110 baked mustard chicken	22
1111 baked chicken with chili-garlic spice paste	22
1112 sautÚed boneless, skinless chicken breasts (basic recipe)	22
1113 sautÚed boneless, skinless chicken breasts piccata	22
1114 sautÚed boneless, skinless chicken breasts with sherried mushroom cream sauce	22
1115 sautÚed boneless, skinless chicken breasts with tomatoes, capers, and basil	22
1116 sautÚed boneless, skinless chicken breasts with balsamic citrus sauce	22
1117 breaded chicken cutlets	22
1118 deviled boneless, skinless chicken breasts	22
1119 chicken parmigiana	22
1120 chicken cordon bleu	22
1121 gorgonzola-stuffed chicken breasts	22
1122 chicken kiev	22
1123 baked stuffed boneless chicken breasts	22
1124 boneless, skinless chicken breasts baked in foil with sun-dried tomatoes and olives	22
1125 southwestern chicken baked in foil or parchment	22
1126 stir-fried garlic chicken	22
1127 stir-fried ginger chicken	22

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1128 chicken fricassee	22
1129 chicken ÚtouffÚe	22
1130 country captain	22
1131 brunswick stew	22
1132 chicken cacciatore	22
1133 coq au vin	22
1134 basque chicken	22
1135 chicken paprikash (paprikÚs csirke)	22
1136 arroz con pollo (chicken and rice)	22
1137 chicken chili verde	22
1138 chicken tagine with chickpeas	22
1139 chicken curry	22
1140 doro wat (ethiopian chicken in red pepper sauce)	22
1141 chinese soy-braised chicken	22
1142 pan-fried or sautÚed chicken	22
1143 fried chicken	22
1144 crispy-crunchy deep-fried chicken	22
1145 oven-fried chicken with parmesan cheese	22
1146 oven-fried chicken with a cornmeal crust	22
1147 oven-fried chicken with a corn flake crust	22
1148 creamed chicken or turkey	22
1149 chicken or turkey Ó la king	22
1150 chicken or turkey pot pie	22
1151 chicken or turkey tetrazzini	22
1152 sesame chicken	22
1153 chicken or turkey casserole with green vegetables	22
1154 chicken or turkey chili pepper casserole	22
1155 chicken or turkey and rice casserole	22
1156 chicken or turkey croquettes	22
1157 grill-roasted whole chicken	22
1158 grill-roasted whole turkey	22
1159 chicken kebabs	22
1160 ash-roasted chicken thighs	22
1161 grilled chicken dijon	22
1162 spicy chicken hobo pack with lime and chili peppers	22
1163 grilled spice-rubbed chicken with lemon and garlic oil	22
1164 grill-smoked jamaican jerk chicken	22
1165 tandoori chicken	22
1166 roasted turkey	22
1167 quick turkey gravy	22
1168 giblet gravy	22
1169 roasted brined turkey	22
1170 high-heat roasted turkey	22
1171 roasted turkey breast	22
1172 braised turkey thighs with olives	22
1173 turkey in simple red mole	22
1174 ground turkey or chicken loaf	22
1175 crispy roasted duck	22
1177 crispy roasted duck with olives	22



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1178 chinese roasted duck	22
1179 pan-seared boneless, skinless duck breasts	22
1180 pan-seared duck breasts with fig and red wine sauce	22
1181 roasted stuffed goose with giblet gravy	22
1182 confit	22
1183 roasted guinea hen with chili butter	23
1184 roasted breast of guinea hen	23
1185 spicy maple roasted quail	23
1186 quail broiled with mustard butter	23
1187 roasted pheasant	23
1188 pheasant braised with gin and juniper	23
1189 andalusian partridge	23
1190 roasted grouse	23
1191 broiled squab	23
1192 salmi of squab	23
1193 home-smoked squab chinese style	23
1194 wild turkey roasted in a baking bag	23
1195 braised marinated rabbit with prunes	23
1196 rabbit in almond sauce	23
1197 lapin Ó la moutarde (rabbit with mustard)	23
1198 roasted leg of venison	23
1199 roasted loin of venison with a nut crust	23
1200 sautéed venison steaks	23
1201 buffalo rib roast with orange molasses glaze	23
1202 slow-roasted beef rib roast	24
1203 beef rib-eye roast (high-temperature method)	24
1204 beef strip loin roast (high-temperature method)	24
1205 slow-roasted beef sirloin	24
1206 slow-roasted beef round	24
1207 roasted filet or tenderloin of beef (high-temperature method)	24
1208 marinated filet or tenderloin of beef with mushrooms (high-temperature method)	24
1209 grilled filet or tenderloin of beef	24
1210 stuffed butterflied filet or tenderloin of beef	24
1211 beef wellington	24
1212 beef on a string (boeuf Ó la ficelle)	24
1213 steak tartare	24
1214 grilled or broiled steak	24
1215 rib-eye steak with orange chipotle glaze	24
1216 chili-crusted flank steak with mango salsa	24
1217 grilled open-faced steak sandwich with quick pickled onions	24
1218 t-bone or porterhouse steak with south american steak sauce	24
1219 broiled tenderloin steak with sherried mushrooms	24
1220 basic pan-broiled steak	24
1221 pepper steak with brandy cream sauce	24
1222 london broil	24
1223 pan-seared top round steak with smoky onions and red wine	24
1224 sautéed steak	24
1225 steak diane	24
1226 hoisin-glazed skirt steak with scallion ginger slaw	24

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1227 pan-fried chuck steak with tomatoes and chives	24
1228 chicken-fried steak	24
1229 broiled or grilled beef kebabs	24
1230 herb-crusted sirloin kebabs with tomato basil relish	24
1231 sautéed steak strips with mushrooms	24
1232 beef and vegetable stir-fry	24
1233 stir-fried beef with asparagus	24
1234 beef stroganoff	24
1235 beef pot roast (basic recipe)	24
1236 italian pot roast (stracotto)	24
1237 sauerbraten	24
1238 beef stew (basic recipe)	24
1239 hungarian goulash (pörkölt)	24
1240 boeuf bourguignonne	24
1241 beef daube with mustard, herbs, and white wine	24
1242 beef chili (chili con carne)	24
1243 macleids rockcastle chili	24
1244 cincinnati chili cockaigne	24
1245 ohio farmhouse sausage chili	24
1246 oxtails smothered in onions	24
1247 swiss steak	24
1248 steak and mushroom pie	24
1249 braised short ribs (basic recipe)	24
1250 oven-browned or grilled shortribs	24
1251 sweet & sour brisket	24
1252 tzimmi with potato knaidle	24
1253 corned beef or corned beef and cabbage	24
1254 candied corned beef	24
1255 new england boiled dinner	24
1256 corned beef hash	24
1257 beef braciola	24
1258 veal roast (high-temperature method)	24
1259 slow-roasted veal	24
1260 veal rib roast with garlic crumbs and mustard cream (high-temperature method)	24
1261 italian stuffed roasted veal breast for a crowd	24
1262 vitello tonnato	24
1263 veal scaloppine	24
1264 veal saltimbocca	24
1265 veal francese	24
1266 wiener schnitzel	24
1267 grilled veal chops	24
1268 sautéed veal chops	24
1269 sautéed veal medallions	24
1270 osso buco alla milanese	24
1271 slow-roasted boneless pork loin	24
1272 boneless pork loin with roasted red pepper gravy	24
1273 florentine boneless roast pork(arista di maiale)	24
1274 almond-crusted roasted boneless pork loin	24
1275 stuffed boneless pork loin with apples	24

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1276 bone-in pork loin roast	24
1277 pork loin braised in milk	24
1278 pork crown roast	24
1279 roasted pork shoulder with lemon glaze	24
1280 latin roasted pork shoulder	24
1281 pulled pork sandwiches	24
1282 roasted leg of pork or fresh ham	24
1283 roasted suckling pig	24
1284 sautéed pork tenderloin medallions	24
1285 pork tenderloin scaloppine with citrus balsamic sauce	24
1286 kentucky-fried pork tenderloin	24
1287 pan-roasted tenderloin	24
1288 sautéed braised pork tenderloin with quick pan sauce	24
1289 grilled pork tenderloin	24
1290 roasted sesame pork tenderloin	24
1291 sautéed pork chops	24
1292 stuffed pork chops	24
1293 sautéed thin pork chops or medallions	24
1294 pan-fried pork scaloppine	24
1295 breaded pork chops or cutlets	24
1296 grilled pork chops	24
1297 oven-roasted spareribs	24
1298 country-style ribs baked in barbecue sauce	24
1299 barbecued spareribs	24
1300 braised pork with sauerkraut	24
1301 red-cooked pork shoulder	24
1302 pork adobo	24
1303 pork vendaloo	24
1304 baked ham	24
1305 baked country ham	24
1306 broiled or grilled ham steak	24
1307 baked ham steak	24
1308 sautéed ham steak	24
1309 sautéed bacon	24
1310 broiled bacon	24
1311 microwaved bacon	24
1312 sautéed canadian bacon	24
1313 ham hocks and greens	24
1314 roasted bone-in leg of lamb	24
1315 stuffed butterflied leg of lamb	24
1316 broiled or grilled butterflied leg of lamb	24
1317 roasted rack of lamb	24
1318 roasted loin of lamb	24
1319 sautéed lamb chops	24
1320 lamb chops with roasted garlic and cognac	24
1321 broiled or grilled lamb chops	24
1322 broiled or grilled lamb steaks	24
1323 tandoori lamb chops	24
1324 pan-braised shoulder chops	24

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1325 irish stew	24
1326 lamb curry with tomato	24
1327 braised shoulder of lamb	24
1328 barbecued lamb shoulder	24
1329 braised lamb shanks	24
1330 shepherd's pie	24
1331 jamaican curried goat	24
1332 ground beef with potatoes and spices (keema alu)	24
1333 picadillo	24
1334 ethan's lamb patties	24
1335 classic meat loaf	24
1336 ham loaf	24
1337 german meatballs with caper sauce (kernigsberger klopse)	24
1338 swedish meatballs	24
1339 pot au maison	24
1340 chicken liver pot au	24
1341 pan-fried sausage	24
1342 pan-broiled sausage	24
1343 boiled sausage	24
1344 country or breakfast sausage	24
1345 chicken and apple sausage	24
1346 sautéed calf's liver (basic recipe)	24
1347 liver and onions	24
1348 sautéed chicken livers	24
1349 chicken or turkey gilet ragout	24
1350 pan-seared foie gras	24
1351 sautéed sweetbreads	24
1352 sautéed brains in brown butter sauce	24
1353 sautéed kidneys with mustard	24
1354 boiled fresh, smoked, or pickled beef tongue	24
1355 sautéed chitterlings	24
1356 fast white bread	25
1357 quick-rising white bread	25
1358 white sandwich bread	25
1359 milk bread	25
1360 cinnamon raisin loaf	25
1361 challah	25
1362 dill bread	25
1363 oatmeal molasses bread	25
1364 buttermilk potato bread	25
1365 cheese bread	25
1366 beer bread	25
1367 hot cross buns	25
1368 hard rolls or vienna rolls	25
1369 basic pizza dough	25
1370 pita bread	25
1371 naan	25
1372 flour tortillas	25
1373 corn tortillas	25

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1376 natural sourdough starter	25
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1378 white bread with a sponge starter	25
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1382 bread machine pain de mie	25
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1385 bread machine multigrain and seed bread	25
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1387 gluten-free pizza dough	25
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1390 stollen	25
1391 panettone	25
1392 brioche	25
1393 kouglof (kugelhopf)	25
1394 savarin	25
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1396 yeasted coffeecake	25
1397 sticky buns	25
1398 irish american soda bread	26
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1400 brown bread	26
1401 banana bread	26
1402 pumpkin bread	26
1403 zucchini cheddar bread	26
1404 orange loaf with dried cranberries or apricots and pecans	26
1405 date nut bread	26
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1552 winter peach pie	30
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1555 deep-dish pear pie with cranberries and apples	30
1556 deep-dish apple pie with cheddar crust	30
1557 fresh strawberry (or raspberry) pie	30
1558 open-faced peach custard pie	30
1559 apricot frangipane tart	30
1560 raspberry streusel tart	30
1561 pear streusel tart	30
1562 fresh fruit pastry cream tart	30
1563 tarte tatin	30
1564 linzertorte	30
1565 fruit crostata	30
1566 half-covered berry or peach galette	30
1567 apple galette	30
1568 vanilla cream pie	30
1569 lemon or lime chiffon pie	30



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1571 chocolate mousse pie	30
1572 chocolate almond candy bar pie	30
1573 peanut butter pie	30
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1581 lemon meringue pie	30
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1586 chocolate-glazed caramel tart	30
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1633 ultra-orange cake (vegan)	33
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1635 apple spice cake	33
1636 carrot cake	33
1637 old-fashioned gingerbread	33
1638 applesauce gingerbread	33
1639 fresh ginger cake	33
1640 honey cake	33
1641 white cake	33
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1651 marzipan cake	33
1652 coconut pecan cake	33
1653 velvet spice cake	33
1654 applesauce cake	33
1655 banana cake	33
1656 devilÆs food cake cockaigne	33
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1658 american sponge cake	33
1659 passover sponge cake	33
1660 hot-milk sponge cake	33
1661 chocolate sponge cake	33
1662 european sponge cake (biscuit)	33
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1693 fresh strawberry dacquoise or meringue with whipped cream and chocolate	33
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1697 dark fruitcake	33
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1700 new york cheesecake	33
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1702 vanilla cheesecake (reduced fat)	33
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1711 whipped cream	34
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1722 toasted walnut or pecan filling	34
1723 lane cake filling	34
1724 chocolate fudge frosting	34
1725 old-fashioned caramel frosting	34
1726 seven-minute frosting	34
1727 classic lady baltimore filling and frosting	34
1728 classic buttercream	34
1729 swiss meringue buttercream	34
1730 chocolate ganache glaze or frosting	34
1731 bittersweet chocolate glaze or frosting	34
1732 chocolate glaze (reduced fat)	34
1733 chocolate satin frosting	34
1734 chocolate sour cream frosting	34
1735 chocolate frosting (reduced fat)	34
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1737 chocolate mousse frosting	34
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1740 quick white icing i	34
1741 quick white icing ii	34
1742 quick chocolate icing	34
1743 quick maple icing	34
1744 quick butterscotch, or peneuche, icing	34
1745 hard sauce topping	34
1746 brown sugar frosting	34
1747 quick brown butter icing	34
1748 cream cheese frosting	34
1749 reduced-fat chocolate cream cheese frosting	34
1750 peanut butter frosting	34
1751 quick cookie icing	34
1752 royal icing with fresh egg white	34
1753 royal icing with powdered egg whites	34
1754 translucent sugar glaze	34
1755 honey glaze	34
1756 simple syrup	34
1757 strong liquor splash	34
1758 broiled icing	34
1759 crunchy almond topping	34
1760 streusel i	34
1761 streusel ii (reduced fat)	34
1762 chocolate fruit filling	34
1763 soft meringue topping i	34
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1767 flan (cr�me caramel)	35
1768 latin american flan with condensed milk (flan de leche condensada)	35
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1773 chocolate pudding	35
1774 trembleque (coconut milk pudding)	35
1775 banana pudding	35
1776 rice pudding	35
1777 swedish rice pudding	35
1778 individual baked rice puddings	35
1779 tapioca custard	35
1780 eggless tapioca pudding	35
1781 coconut pearl tapioca pudding	35
1782 bread pudding	35
1783 new orleans bread pudding	35
1784 chocolate bread pudding	35
1785 maple bread pudding	35
1786 summer pudding	35
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1793 chocolate charlotte	35
1794 white chocolate mousse with toasted almonds	35
1795 charlotte russe	35
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1797 individual chocolate souffl�s	35
1798 individual apricot souffl�s	35
1799 grand marnier souffl�	35
1800 lemon souffl�	35
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1804 raspberry tea gelatin	35
1805 cherry marshmallow nut gelatin	35
1806 strawberry gelatin cream	35
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1810 blancmange	35
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1817 orange liqueur sauce	36
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1820 hot foamy sauce	36
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1822 sabayon with white wine	36
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1824 chocolate sauce	36
1825 hot fudge sauce	36
1826 warm dark mocha sauce	36
1827 warm white chocolate sauce	36
1828 caramel sauce cockaigne	36
1829 butterscotch sauce	36
1830 marshmallow sauce	36
1831 fresh raspberry sauce (raspberry coulis)	36
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1839 fritter batter for vegetables, meat, and fish	37
1840 new mexican chili powder	38
1841 madras curry powder	38
1842 garam masala	38
1843 quatre Úpices	38
1844 ras el hanout	38
1845 yogurt cheese	38
1846 flouring, breading, and crumbing foods	38
1847 crÚme fraÚche	38
1848 italian mocha	4
1849 vegetable broth	5
1850 brown (or roasted) chicken stock	5
1851 classic beef stock	5
1852 lamb stock	5
1853 brown veal stock	5
1854 fish fumet	5
1855 thin bÚchamel sauce	5
1856 thick bÚchamel sauce	5
1857 sauce aurore (bÚchamel with tomato flavoring)	5
1858 sauce mornay (cheese sauce)	5
1859 mustard sauce	5
1860 sauce soubise (onion sauce)	5
1861 sauce hongroise (onion and paprika sauce)	5
1862 curry sauce	5
1863 Ó la king sauce	5

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1864 tomato cream sauce	5
1865 chili cream sauce	5
1866 flavored butter velouté	5
1867 sauce suprême (cream sauce)	5
1868 sauce bercy (shallots and wine sauce)	5
1869 sauce smitane	5
1870 sauce mousseline i	5
1871 sauce mousseline ii	5
1872 sauce maltaise i	5
1873 sauce maltaise ii	5
1874 three-citrus hollandaise i	5
1875 three-citrus hollandaise ii	5
1876 ancho chile hollandaise i	5
1877 ancho chile hollandaise ii	5
1878 sauce foyot or valois i	5
1879 sauce foyot or valois ii	5
1880 sauce paloise i	5
1881 sauce paloise ii	5
1882 sauce choron i	5
1883 sauce choron ii	5
1884 fresh herb béarnaise sauce i	5
1885 fresh herb béarnaise sauce ii	5
1886 beurre meunière (lemon butter)	5
1887 beurre noir (black butter)	5
1888 beurre rouge (red butter sauce)	5
1889 lemon beurre blanc	5
1890 mustard beurre blanc	5
1891 fruit salsa with black beans	6
1892 ideas for flavoring mustard	6
1893 uncooked hot chinese mustard	6
1894 cooked hot mustard	6
1895 yogurt mayonnaise i	6
1896 yogurt mayonnaise ii	6
1897 curry mayonnaise i	6
1898 curry mayonnaise ii	6
1899 curry mayonnaise iii	6
1900 curry mayonnaise iv	6
1901 mustard mayonnaise i	6
1902 mustard mayonnaise ii	6
1903 mayonnaise with green herbs i	6
1904 mayonnaise with green herbs ii	6
1905 tartar sauce i	6
1906 tartar sauce ii	6
1907 sauce rémoulade i	6
1908 sauce rémoulade ii	6
1909 russian horseradish cream i	6
1910 russian horseradish cream ii	6
1911 sauce andalouse i (tomato and pimiento or roasted red pepper)	6
1912 sauce andalouse ii (tomato and pimiento or roasted red pepper)	6

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1913 chipotle pepper mayonnaise i	6
1914 chipotle pepper mayonnaise ii	6
1915 potato garlic mayonnaise (skordalia)	6
1916 maître d'hôtel butter (lemon and parsley)	6
1917 garlic butter	6
1918 snail butter (shallots or scallions)	6
1919 anchovy butter	6
1920 cress or arugula butter	6
1921 orange butter	6
1922 nut butter	6
1923 soy sauce butter	6
1924 red caviar butter	6
1925 spice oil	6
1926 turkish garlic and hazelnut sauce	6
1928 ginger soy sauce	6
1929 quick citrus marinade	6
1930 vinegar marinade for game and game birds	6
1931 cream of carrot soup	7
1932 cream of asparagus soup	7
1933 cream of broccoli soup	7
1934 cream of mushroom soup	7
1935 cream of fresh tomato soup	7
1936 vichyssoise	7
1937 lentil soup with sausage and potato	7
1938 lentil soup with greens	7
1939 chicken soup with ravioli or tortellini	7
1940 consommé brunoise	7
1941 rhode island (portuguese-style) clam chowder	7
1942 oyster bisque	7
1943 shrimp bisque	7
1944 oxtail soup with vegetables	7
1945 coddled egg with ham, cheese, or herbs	8
1946 curried eggs	8
1947 creamed eggs with asparagus tips	8
1948 deviled eggs	8
1949 dyed hollow easter eggs	8
1950 baked eggs	8
1951 fried eggs over easy	8
1952 fried eggs over hard	8
1953 eggs with smoked salmon	8
1954 poached eggs blackstone	8
1955 gratinéed eggs florentine	8
1956 baked eggs in bacon rings	8
1957 baked eggs with ratatouille	8
1958 folded omelet	8
1959 egg-white omelet	8
1960 asparagus frittata	8
1961 jam-filled souffléed omelet	8
1962 ham and cheese soufflé	8



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1963 blue cheese and parmesan soufflé	8
1964 mushroom soufflé	8
1965 ham and cheese quiche	8
1966 broccoli quiche	8
1967 reduced-fat quiche	8
1968 cinnamon cream cheese strata	8
1969 spinach yogurt dip in a bread bowl	9
1970 pepper cheese straws	9
1971 coconut shrimp	9
1972 kielbasa in quilts	9
1973 bruschetta with mozzarella and fresh oregano	10
1974 grilled shrimp tacos	10
1975 crisp shredded pork tacos or flautas	10
1976 crisp black bean tacos or flautas	10
1977 german dog	11
1978 cheese dog	11
1979 mexican dog	11
1980 yuppie dog	11
1981 chili dog	11
1982 cincinnati five-way chili dog	11
1983 cheeseburger	11
1984 bacon cheeseburger	11
1985 double-cheese tomato burger	11
1986 blue cheese and bacon burger	11
1987 california burger	11
1988 tex-mex burger	11
1989 chili burger	11
1990 barbecue burgers	11
1991 open-faced hot turkey sandwich	11
1992 open-faced hot chicken sandwich	11
1993 deli-style pastrami and corned beef triple-decker sandwich	11
1994 deli-style roast beef and liver triple-decker sandwich	11
1995 the mackie	11
1996 blushing bunny	11
1997 rachel sandwich	11
1998 croque madame	11
1999 monte cristo	11
2000 chicken fajitas	11
2001 shredded pork burritos	11
2002 grilled vegetable burritos	11
2003 pizza margherita	11
2004 pizza romano	11
2005 seattle pizza	11
2006 italian sausage and onion pizza	11
2007 mushroom, sausage, and pepperoni pizza	11
2008 prosciutto, artichoke heart, and black olive pizza	11
2009 fennel, onion, and asiago cheese pizza	11
2010 grilled eggplant, mushroom, and sun-dried tomato pizza	11
2011 fresh tomato , basil, and feta cheese pizza	11

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2012 caramelized onion, black olive, and rosemary pizza	11
2013 fresh clam and garlic pizza	11
2014 spicy shrimp and roasted red pepper pizza	11
2015 portobello mushroom and goat cheese pizza	11
2016 chicken and broccoli pizza	11
2017 potato and sage pizza	11
2018 grilled pizza with anchovy and mozzarella	11
2019 grilled pizza bolognese	11
2020 grilled pizza with mixed herbs and cheese	11
2021 other possibilities for grilled pizza	11
2022 calzones with tomato sauce, mozzarella, and assorted fillings	11
2023 calzone with prosciutto and three cheeses	11
2024 calzone with pepperoni, onion, and peppers	11
2025 calzone with sausage and caramelized onions	11
2026 calzone with chicken, black olives, and sun-dried tomatoes	11
2027 warm spinach salad	12
2028 tomato and basil salad	12
2029 tomato and onion salad	12
2030 tomato salad vinaigrette	12
2031 avocado and citrus salad	12
2032 pea, pea-pod, and pea shoot salad	12
2033 chickpea and roasted red pepper salad	12
2034 rice salad with chicken and pistachios	12
2035 rice salad with sun-dried tomatoes	12
2036 quinoa salad	12
2037 curried chicken or turkey salad	12
2038 shrimp salad	12
2039 fresh herb vinaigrette i	13
2040 fresh herb vinaigrette ii	13
2041 basil chive vinaigrette i	13
2042 basil chive vinaigrette ii	13
2043 green peppercorn vinaigrette i	13
2044 green peppercorn vinaigrette ii	13
2045 lime vinaigrette i	13
2046 lime vinaigrette ii	13
2047 horseradish vinaigrette i	13
2048 horseradish vinaigrette ii	13
2049 lemon caper vinaigrette i	13
2050 lemon caper vinaigrette ii	13
2051 black pepper vinaigrette i	13
2052 black pepper vinaigrette ii	13
2053 soufflÚd cheese grits	14
2054 quick-cooking oats with raisins and spices	14
2055 basic cooked converted rice	14
2056 spring or summer risotto with vegetables (primavera or dÆestate)	14
2057 classic venetian rice and peas (risi e bisi)	14
2058 risotto with mushrooms	14
2059 risotto with seafood i	14
2060 risotto with seafood ii	14

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2061 shellfish paella	14
2062 campfire beans	15
2063 spinach pasta	16
2064 herb pasta	16
2065 especially strong pasta	16
2066 whole-wheat pasta	16
2067 piquant tomato sauce	16
2068 sun-dried tomato sauce	16
2069 fresh tomato sauce with mozzarella	16
2070 fresh tomato sauce with black olives	16
2071 fresh tomato sauce with fresh oregano or parsley	16
2072 fresh tomato sauce with hot chili pepper	16
2073 italian-style meatballs	16
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Sheet1

CASTNAME,C,100	IS\
cRecipe_4_CafÚ Diablo	###
cRecipe_4_Cremat (Flaming Coffee)	###
cRecipe_4_Irish Coffee	###
cRecipe_4_Jamaican Coffee	###
cRecipe_4_Kioki Coffee	###
cRecipe_4_Spiced Tea	###
cRecipe_4_Lemon Verbena (Verveine)	###
cRecipe_4_Iced Tea	###
cRecipe_4_American Hot Cocoa	###
cRecipe_4_Italian Hot Cocoa	###
cRecipe_4_French Hot Chocolate	###
cRecipe_5_Bouquet Garni	###
cRecipe_5_Vegetable Stock	###
cRecipe_5_Roasted Vegetable Stock	###
cRecipe_5_Court Bouillon	###
cRecipe_5_Chicken Stock	###
cRecipe_5_Turkey Stock	###
cRecipe_5_Game Stock	###
cRecipe_5_Brown Beef Stock	###
cRecipe_5_White Veal Stock	###
cRecipe_5_Fish Stock	###
cRecipe_5_Shrimp Stock	###
cRecipe_5_Dashi	###
cRecipe_5_Chicken-Enriched Dashi (Tori-Gara Dashi)	###
cRecipe_5_Chicken Broth	###
cRecipe_5_Express Chicken Broth	###
cRecipe_5_Express Beef Broth	###
cRecipe_5_Express Fish Broth	###
cRecipe_5_Express Shellfish Chipotle Broth	###
cRecipe_5_Sauce BÚchamel (White Sauce)	###
cRecipe_5_yogurt and olive oil bÚchamel	###
cRecipe_5_flourless White Sauce	###
cRecipe_5_No-Cream White Sauce	###
cRecipe_5_VeloutÚ Sauce	###
cRecipe_5_Sauce Espagnole (Basic Brown Sauce)	###
cRecipe_5_Quick Brown Sauce	###
cRecipe_5_Sauce Demi-Glace	###
cRecipe_5_Sauce MadPre (Madeira Sauce)	###
cRecipe_5_Sauce Chasseur (HunterÆs Sauce)	###
cRecipe_5_Sauce Bordelaise (Red Wine and Marrow Sauce)	###
cRecipe_5_Sauce Marchand de Vin (Mushroom Wine Sauce)	###
cRecipe_5_Sauce Piquant (Brown Sauce with Pickles and Capers)	###
cRecipe_5_Pan Gravy for Meat	###
cRecipe_5_Pan Gravy for Poultry	###
cRecipe_5_Basic Herb Pan Sauce	###
cRecipe_5_Pan Sauce with Leeks, Orange, and Rosemary	###
cRecipe_5_Red Wine and Sour Cherry Pan Sauce	###
cRecipe_5_mushroom wine Sauce	###

Sheet1

cRecipe_5_Olive and Sun-dried Tomato Pan Sauce	###
cRecipe_5_citrus sauce	###
cRecipe_5_Blackberry Sage Sauce	###
cRecipe_5_Orange and Ginger Sauce	###
cRecipe_5_Hollandaise Sauce	###
cRecipe_5_Blender Hollandaise Sauce	###
cRecipe_5_BÚarnaise Sauce	###
cRecipe_5_Blender BÚarnaise sauce	###
cRecipe_5_Beurre Noisette (Brown Butter)	###
cRecipe_5_Sauce Polonaise (Brown Butter Crumb Sauce)	###
cRecipe_5_Beurre Blanc (White Butter Sauce)	###
cRecipe_5_roasted red pepper sauce	###
cRecipe_5_Roasted Tomatillo Spinach Sauce	###
cRecipe_5_Simple Red Lentil Sauce	###
cRecipe_5_Mango Mustard Seed Sauce	###
cRecipe_5_Fresh Beet Sauce	###
cRecipe_5_Carrot Ginger Sauce	###
cRecipe_6_Salsa Fresca	###
cRecipe_6_Salsa Verde Cruda	###
cRecipe_6_Corn, Cherry Tomato, and Avocado Salsa	###
cRecipe_6_Roasted Tomato-Chipotle Salsa	###
cRecipe_6_Roasted Tomatillo Salsa	###
cRecipe_6_Roasted Tomato-Jalape±o Salsa	###
cRecipe_6_Mango Salsa	###
cRecipe_6_Chow-Chow	###
cRecipe_6_Piccalilli	###
cRecipe_6_whole cranberry Relish	###
cRecipe_6_uncooked cranberry-orange Relish	###
cRecipe_6_Green Tomato Relish	###
cRecipe_6_Corn and Tomato Relish	###
cRecipe_6_tart Corn Relish	###
cRecipe_6_quick red onion pickle	###
cRecipe_6_Red Onion Marmalade	###
cRecipe_6_Fresh Mint Chutney	###
cRecipe_6_Fresh Mint-Cilantro Chutney	###
cRecipe_6_Fresh Pineapple Chutney	###
cRecipe_6_Fresh Tamarind Chutney	###
cRecipe_6_Green Mango Chutney	###
cRecipe_6_Apple Chutney	###
cRecipe_6_Pear Chutney	###
cRecipe_6_Tomato Chutney	###
cRecipe_6_Spicy Cucumber Sambal	###
cRecipe_6_Indonesian Ginger Sambal (Sambal Cuka)	###
cRecipe_6_Tomato Ketchup	###
cRecipe_6_Blender Tomato Ketchup	###
cRecipe_6_Red Onion-Garlic Ketchup	###
cRecipe_6_Mushroom Ketchup	###
cRecipe_6_Chili Sauce	###
cRecipe_6_Cocktail Sauce	###

cRecipe_6_Grainy or Smooth French-Style Mustard	###
cRecipe_6_Traditional Mayonnaise	###
cRecipe_6_Blender Mayonnaise	###
cRecipe_6_Sabayon-Style Mayonnaise	###
cRecipe_6_Cream Cheese Mayonnaise (Sauce Parisienne)	###
cRecipe_6_Garlic Mayonnaise (A'oli)	###
cRecipe_6_Saffron Garlic Mayonnaise (Rouille)	###
cRecipe_6_Jelled Mayonnaise (Mayonnaise Coll�e)	###
cRecipe_6_Aspic Glaze	###
cRecipe_6_Basic Flavored Butter	###
cRecipe_6_Mustard Butter	###
cRecipe_6_Chili Butter	###
cRecipe_6_Shrimp or Lobster Butter	###
cRecipe_6_Portuguese Chili Oil	###
cRecipe_6_Orange Oil	###
cRecipe_6_Chili Oil	###
cRecipe_6_American Horseradish Cream	###
cRecipe_6_Bavarian Apple and Horseradish Sauce	###
cRecipe_6_Honey-Mustard Dipping Sauce	###
cRecipe_6_Mojo	###
cRecipe_6_Scandinavian Mustard-Dill Sauce	###
cRecipe_6_Chimichurri	###
cRecipe_6_English Fresh Mint Sauce	###
cRecipe_6_English Cumberland Sauce	###
cRecipe_6_Pistou	###
cRecipe_6_Picada	###
cRecipe_6_Salsa verde	###
cRecipe_6_Tuna Sauce	###
cRecipe_6_Avgolemono	###
cRecipe_6_Lemon Egg Sauce	###
cRecipe_6_Georgian Garlic and Walnut Sauce	###
cRecipe_6_Harissa	###
cRecipe_6_Raita I (Indian Yogurt Salad)	###
cRecipe_6_Raita II	###
cRecipe_6_Nam Prik (Thai Hot Sauce)	###
cRecipe_6_Thai Chile-Lime Dipping Sauce	###
cRecipe_6_Southeast Asian Peanut Dipping Sauce	###
cRecipe_6_Nuoc Cham	###
cRecipe_6_Asian Black Bean Sauce	###
cRecipe_6_Japanese Wasabi Soy Sauce	###
cRecipe_6_Citrus Herb Marinade	###
cRecipe_6_White Wine Marinade	###
cRecipe_6_Tandoori Marinade	###
cRecipe_6_Soy and Sherry Marinade	###
cRecipe_6_Beer Marinade	###
cRecipe_6_Red Wine Marinade	###
cRecipe_6_Teriyaki Marinade and Sauce	###
cRecipe_6_Peppery Dry Rub	###
cRecipe_6_Cajun Dry Rub	###

Sheet1

cRecipe_6_Southern Dry Rub for Barbecue	###
cRecipe_6_Toasted Whole Spice Dry Rub	###
cRecipe_6_West Indies Dry Rub	###
cRecipe_6_Jamaican Jerk Paste	###
cRecipe_6_Mediterranean Garlic Herb Paste	###
cRecipe_6_Mustard Paste for Roasted Meats	###
cRecipe_6_Chili-Garlic Spice Paste	###
cRecipe_6_Asian Ginger Spice Paste	###
cRecipe_6_Thai Green Curry Paste	###
cRecipe_6_Moroccan Herb Paste (Charmoula)	###
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cRecipe_31_Strawberry Shortcake	###
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cRecipe_31_Boysenberry and Peach Buckle	###
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cRecipe_32_Danish Pastry	###
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cRecipe_32_Profiteroles	###
cRecipe_33_Lightning Cake	###
cRecipe_33_Sour Cream Chocolate Chip Cake	###
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cRecipe_33_Old-Fashioned Gingerbread	###
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cRecipe_33_Fresh Ginger Cake	###
cRecipe_33_Honey Cake	###
cRecipe_33_White Cake	###
cRecipe_33_Gold Cake	###
cRecipe_33_1-2-3-4 yellow Cake	###
cRecipe_33_Buttermilk Layer Cake	###
cRecipe_33_Flo BrakerÆs Pound Cake	###
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cRecipe_33_Yogurt Cake (Reduced Fat)	###
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cRecipe_33_Marzipan Cake	###
cRecipe_33_Coconut Pecan Cake	###
cRecipe_33_Velvet Spice Cake	###
cRecipe_33_Applesauce Cake	###
cRecipe_33_Banana Cake	###
cRecipe_33_DevilÆs Food Cake Cockaigne	###
cRecipe_33_German Chocolate Cake	###
cRecipe_33_American Sponge Cake	###
cRecipe_33_Passover Sponge Cake	###
cRecipe_33_Hot-Milk Sponge Cake	###
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cRecipe_33_European Sponge Cake (Biscuit)	###
cRecipe_33_Ladyfingers	###
cRecipe_33_GÚnoise	###
cRecipe_33_Chocolate GÚnoise	###
cRecipe_33_Basic Chiffon Cake	###
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cRecipe_33_Basic Angel Cake	###
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cRecipe_33_Flourless Chocolate SoufflÚ Sheet	###
cRecipe_33_Meringue I (Granulated Sugar)	###
cRecipe_33_Dacquoise	###
cRecipe_33_Meringue Mushrooms	###
cRecipe_33_Schaumtorte	###
cRecipe_33_Almond Torte Cockaigne	###
cRecipe_33_Queen of Sheba (Chocolate Almond Torte)	###
cRecipe_33_Individual Molten Chocolate Cakes	###
cRecipe_33_Flourless Chocolate Decadence	###
cRecipe_33_Chocolate Mousse Cake (Reduced Fat)	###
cRecipe_33_Peanut Butter Cupcakes	###
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cRecipe_33_Madeleines	###
cRecipe_33_Old-Fashioned Jelly Roll	###
cRecipe_33_Double-Chocolate Roll	###
cRecipe_33_Lady Baltimore Cake	###
cRecipe_33_Lane Cake	###
cRecipe_33_Boston Cream Pie	###
cRecipe_33_Tiramis`	###
cRecipe_33_Trifle	###
cRecipe_33_Latin Sponge Cake with ôThree Milksö (Tres Leches)	###
cRecipe_33_B¹che de NoÛl	###
cRecipe_33_Sicilian Cassata	###
cRecipe_33_Fresh Strawberry Dacquoise or Meringue with Whipped Cream and Chocolate	###
cRecipe_33_Chocolate Cherry Torte	###
cRecipe_33_Three-Tier White Wedding Cake	###
cRecipe_33_Fruitcake Cockaigne	###
cRecipe_33_Dark Fruitcake	###
cRecipe_33_California Fruitcake	###
cRecipe_33_Cheesecake Cockaigne	###
cRecipe_33_New York Cheesecake	###
cRecipe_33_Creamy Water-Bath Cheesecake	###
cRecipe_33_Vanilla Cheesecake (Reduced Fat)	###
cRecipe_33_Ricotta Cheesecake	###
cRecipe_33_Alice MedrichÆs Chocolate Cheesecake	###
cRecipe_33_Pumpkin Cheesecake	###
cRecipe_33_High-Altitude Angel Cake	###
cRecipe_33_High-Altitude Butter Cake	###
cRecipe_33_High-Altitude White Cake	###
cRecipe_33_High-Altitude Fudge Cake	###
cRecipe_33_High-Altitude Sponge Cake	###
cRecipe_34_Whipped Cream	###
cRecipe_34_Pastry Cream (Cr¹me P¹tiss¹re)	###
cRecipe_34_Reduced-Fat Pastry Cream	###
cRecipe_34_Chocolate Custard Filling	###
cRecipe_34_Mocha Filling	###
cRecipe_34_Lemon Filling	###

cRecipe_34_Lemon Curd	###
cRecipe_34_Lemon-Orange Custard Filling	###
cRecipe_34_Apricot Custard Filling	###
cRecipe_34_Orange Curd	###
cRecipe_34_Coconut Pecan Filling	###
cRecipe_34_Toasted Walnut or Pecan Filling	###
cRecipe_34_Lane Cake Filling	###
cRecipe_34_Chocolate Fudge Frosting	###
cRecipe_34_Old-Fashioned Caramel Frosting	###
cRecipe_34_Seven-Minute Frosting	###
cRecipe_34_Classic Lady Baltimore Filling and Frosting	###
cRecipe_34_Classic Buttercream	###
cRecipe_34_Swiss Meringue Buttercream	###
cRecipe_34_Chocolate Ganache Glaze or Frosting	###
cRecipe_34_Bittersweet Chocolate Glaze or Frosting	###
cRecipe_34_Chocolate Glaze (Reduced Fat)	###
cRecipe_34_Chocolate Satin Frosting	###
cRecipe_34_Chocolate Sour Cream Frosting	###
cRecipe_34_Chocolate Frosting (Reduced Fat)	###
cRecipe_34_Chocolate Truffle Cream Frosting	###
cRecipe_34_Chocolate Mousse Frosting	###
cRecipe_34_Whipped Ganache Filling and Frosting	###
cRecipe_34_Milk Chocolate Mocha Glaze or Frosting	###
cRecipe_34_Quick White Icing I	###
cRecipe_34_Quick White Icing II	###
cRecipe_34_Quick Chocolate Icing	###
cRecipe_34_Quick Maple Icing	###
cRecipe_34_Quick Butterscotch, or Penuche, Icing	###
cRecipe_34_Hard Sauce Topping	###
cRecipe_34_Brown Sugar Frosting	###
cRecipe_34_Quick Brown Butter Icing	###
cRecipe_34_Cream Cheese Frosting	###
cRecipe_34_Reduced-Fat Chocolate Cream Cheese Frosting	###
cRecipe_34_Peanut Butter Frosting	###
cRecipe_34_Quick Cookie Icing	###
cRecipe_34_Royal Icing with Fresh Egg White	###
cRecipe_34_Royal Icing with Powdered Egg Whites	###
cRecipe_34_Translucent Sugar Glaze	###
cRecipe_34_Honey Glaze	###
cRecipe_34_Simple Syrup	###
cRecipe_34_Strong Liquor Splash	###
cRecipe_34_Broiled Icing	###
cRecipe_34_Crunchy Almond Topping	###
cRecipe_34_Streusel I	###
cRecipe_34_Streusel II (Reduced Fat)	###
cRecipe_34_Chocolate Fruit Filling	###
cRecipe_34_Soft Meringue Topping I	###
cRecipe_34_Soft Meringue Topping II	###
cRecipe_35_Cup Custard	###



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cRecipe_35_Vanilla Pots de Crème	###
cRecipe_35_Flan (Crème Caramel)	###
cRecipe_35_Latin American Flan with Condensed Milk (Flan de Leche Condensada)	###
cRecipe_35_Crème Brûlée	###
cRecipe_35_Caramel Glaze I	###
cRecipe_35_Vanilla Pudding	###
cRecipe_35_Butterscotch Pudding	###
cRecipe_35_Chocolate Pudding	###
cRecipe_35_Trembleque (Coconut Milk Pudding)	###
cRecipe_35_Banana Pudding	###
cRecipe_35_Rice Pudding	###
cRecipe_35_Swedish Rice Pudding	###
cRecipe_35_Individual Baked Rice Puddings	###
cRecipe_35_Tapioca Custard	###
cRecipe_35_Eggless Tapioca Pudding	###
cRecipe_35_Coconut Pearl Tapioca Pudding	###
cRecipe_35_Bread Pudding	###
cRecipe_35_New Orleans Bread Pudding	###
cRecipe_35_Chocolate Bread Pudding	###
cRecipe_35_Maple Bread Pudding	###
cRecipe_35_Summer Pudding	###
cRecipe_35_Indian Pudding	###
cRecipe_35_Lemon Sponge Custard	###
cRecipe_35_Persimmon Buttermilk Pudding	###
cRecipe_35_Plum Pudding (Christmas Pudding)	###
cRecipe_35_Steamed Chocolate Feather Pudding	###
cRecipe_35_Chocolate Mousse	###
cRecipe_35_Chocolate Charlotte	###
cRecipe_35_White Chocolate Mousse with Toasted Almonds	###
cRecipe_35_Charlotte Russe	###
cRecipe_35_Cold Lemon Soufflé or Bavarian Cream	###
cRecipe_35_Individual Chocolate Soufflés	###
cRecipe_35_Individual Apricot Soufflés	###
cRecipe_35_Grand Marnier Soufflé	###
cRecipe_35_Lemon Soufflé	###
cRecipe_35_Le Flottante (Floating Island)	###
cRecipe_35_Oeufs Ó la Neige (Eggs in Snow)	###
cRecipe_35_Zabaglione	###
cRecipe_35_Raspberry Tea Gelatin	###
cRecipe_35_Cherry Marshmallow Nut Gelatin	###
cRecipe_35_Strawberry Gelatin Cream	###
cRecipe_35_Peach Gelatin Whip	###
cRecipe_35_Stained Glass Gelatin	###
cRecipe_35_Layered Citrus Terrine	###
cRecipe_35_Blancmange	###
cRecipe_35_Panna Cotta	###
cRecipe_36_Sour Cream Whipped Topping	###
cRecipe_36_Custard Sauce (Crème Anglaise)	###
cRecipe_36_Hard Sauce	###

cRecipe_36_Southern Whiskey Sauce	###
cRecipe_36_Hot Buttered Maple Sauce	###
cRecipe_36_Orange Liqueur Sauce	###
cRecipe_36_Rich Hot Lemon Sauce	###
cRecipe_36_Reduced-Fat Clear Lemon Sauce	###
cRecipe_36_Hot Foamy Sauce	###
cRecipe_36_Cold Foamy Sauce	###
cRecipe_36_Sabayon with White Wine	###
cRecipe_36_Lemon Sabayon	###
cRecipe_36_Chocolate Sauce	###
cRecipe_36_Hot Fudge Sauce	###
cRecipe_36_Warm Dark Mocha Sauce	###
cRecipe_36_Warm White Chocolate Sauce	###
cRecipe_36_Caramel Sauce Cockaigne	###
cRecipe_36_Butterscotch Sauce	###
cRecipe_36_Marshmallow Sauce	###
cRecipe_36_Fresh Raspberry Sauce (Raspberry Coulis)	###
cRecipe_36_Fresh Strawberry Sauce (Strawberry Coulis)	###
cRecipe_36_Fresh Blueberry Sauce (Blueberry Coulis)	###
cRecipe_36_Fresh Mango Sauce (Mango Coulis)	###
cRecipe_36_Fresh Kiwi Sauce (Kiwi Coulis)	###
cRecipe_36_Cherries Jubilee	###
cRecipe_36_Hot Blueberry Sauce	###
cRecipe_36_Buttered Cider Sauce	###
cRecipe_37_Fritter Batter for Vegetables, Meat, and Fish	###
cRecipe_38_New Mexican Chili Powder	###
cRecipe_38_Madras Curry Powder	###
cRecipe_38_Garam Masala	###
cRecipe_38_Quatre pices	###
cRecipe_38_Ras el Hanout	###
cRecipe_38_Yogurt Cheese	###
cRecipe_38_FLOURING, BREADING, AND CRUMBING FOODS	###
cRecipe_38_CrPme Fra_che	###
CVary_4_10_italian mocha	###
CVary_5_13_vegetable broth	###
CVary_5_16_brown (or roasted) chicken stock	###
CVary_5_19_classic beef stock	###
CVary_5_19_lamb stock	###
CVary_5_20_brown veal stock	###
CVary_5_21_fish fumet	###
CVary_5_30_thin bÚchamel sauce	###
CVary_5_30_thick bÚchamel sauce	###
CVary_5_30_sauce aurore (bÚchamel with tomato flavoring)	###
CVary_5_30_sauce mornay (cheese sauce)	###
CVary_5_30_mustard sauce	###
CVary_5_30_sauce soubise (onion sauce)	###
CVary_5_30_sauce hongroise (onion and paprika sauce)	###
CVary_5_30_curry sauce	###
CVary_5_30_Ó la king sauce	###

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CVary_5_32_tomato cream sauce	###
CVary_5_32_chili cream sauce	###
CVary_5_34_flavored butter velouté	###
CVary_5_34_sauce supreme (cream sauce)	###
CVary_5_34_sauce bercy (shallots and wine sauce)	###
CVary_5_34_sauce smitane	###
CVary_5_53_sauce mousseline i	###
CVary_5_54_sauce mousseline ii	###
CVary_5_53_sauce maltaise i	###
CVary_5_54_sauce maltaise ii	###
CVary_5_53_three-citrus hollandaise i	###
CVary_5_54_three-citrus hollandaise ii	###
CVary_5_53_ancho chile hollandaise i	###
CVary_5_54_ancho chile hollandaise ii	###
CVary_5_55_sauce foyot or valois i	###
CVary_5_56_sauce foyot or valois ii	###
CVary_5_55_sauce paloise i	###
CVary_5_56_sauce paloise ii	###
CVary_5_55_sauce choron i	###
CVary_5_56_sauce choron ii	###
CVary_5_55_fresh herb béarnaise sauce i	###
CVary_5_56_fresh herb béarnaise sauce ii	###
CVary_5_57_beurre meunière (lemon butter)	###
CVary_5_57_beurre noir (black butter)	###
CVary_5_59_beurre rouge (red butter sauce)	###
CVary_5_59_lemon beurre blanc	###
CVary_5_59_mustard beurre blanc	###
CVary_6_72_fruit salsa with black beans	###
CVary_6_98_ideas for flavoring mustard	###
cRecipe_6_uncooked hot chinese mustard	###
cRecipe_6_cooked hot mustard	###
CVary_6_99_yogurt mayonnaise i	###
CVary_6_100_yogurt mayonnaise ii	###
CVary_6_99_curry mayonnaise i	###
CVary_6_100_curry mayonnaise ii	###
CVary_6_99_curry mayonnaise iii	###
CVary_6_100_curry mayonnaise iv	###
CVary_6_99_mustard mayonnaise i	###
CVary_6_100_mustard mayonnaise ii	###
CVary_6_99_mayonnaise with green herbs i	###
CVary_6_100_mayonnaise with green herbs ii	###
CVary_6_99_tartar sauce i	###
CVary_6_100_tartar sauce ii	###
CVary_6_99_sauce rémoulade i	###
CVary_6_100_sauce rémoulade ii	###
CVary_6_99_russian horseradish cream i	###
CVary_6_100_russian horseradish cream ii	###
CVary_6_99_sauce andalouse i (tomato and pimiento or roasted red pepper)	###
CVary_6_100_sauce andalouse ii (tomato and pimiento or roasted red pepper)	###

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CVary_6_99_chipotle pepper mayonnaise i	###
CVary_6_100_chipotle pepper mayonnaise ii	###
CVary_6_103_potato garlic mayonnaise (skordalia)	###
CVary_6_107_ma_tre d'Herfítel butter (lemon and parsley)	###
CVary_6_107_garlic butter	###
CVary_6_107_snail butter (shallots or scallions)	###
CVary_6_107_anchovy butter	###
CVary_6_107_cress or arugula butter	###
CVary_6_107_orange butter	###
CVary_6_107_nut butter	###
CVary_6_107_soy sauce butter	###
CVary_6_107_red caviar butter	###
CVary_6_113_spice oil	###
CVary_6_128_turkish garlic and hazelnut sauce	###
CVary_6_137_ginger soy sauce	###
CVary_6_138_quick citrus marinade	###
CVary_6_143_vinegar marinade for game and game birds	###
CVary_7_173_cream of carrot soup	###
CVary_7_173_cream of asparagus soup	###
CVary_7_173_cream of broccoli soup	###
CVary_7_175_cream of mushroom soup	###
CVary_7_177_cream of fresh tomato soup	###
CVary_7_191_vichyssoise	###
CVary_7_194_lentil soup with sausage and potato	###
CVary_7_194_lentil soup with greens	###
CVary_7_203_chicken soup with ravioli or tortellini	###
CVary_7_205_consommé brunoise	###
CVary_7_215_rhode island (portuguese-style) clam chowder	###
CVary_7_218_oyster bisque	###
CVary_7_219_shrimp bisque	###
CVary_7_230_oxtail soup with vegetables	###
CVary_8_239_coddled egg with ham, cheese, or herbs	###
CVary_8_241_curried eggs	###
CVary_8_241_creamed eggs with asparagus tips	###
CVary_8_242_deviled eggs	###
CVary_8_245_dyed hollow easter eggs	###
CVary_8_246_basted eggs	###
CVary_8_246_fried eggs over easy	###
CVary_8_246_fried eggs over hard	###
CVary_8_252_eggs with smoked salmon	###
CVary_8_252_poached eggs blackstone	###
CVary_8_251_gratinéed eggs florentine	###
CVary_8_256_baked eggs in bacon rings	###
CVary_8_256_baked eggs with ratatouille	###
CVary_8_257_folded omelet	###
CVary_8_257_egg-white omelet	###
CVary_8_260_asparagus frittata	###
CVary_8_262_jam-filled souffléed omelet	###
CVary_8_263_ham and cheese soufflé	###

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CVary_8_263_blue cheese and parmesan soufflé	###
CVary_8_264_mushroom soufflé	###
CVary_8_268_ham and cheese quiche	###
CVary_8_268_broccoli quiche	###
CVary_8_269_reduced-fat quiche	###
CVary_8_272_cinnamon cream cheese strata	###
CVary_9_281_spinach yogurt dip in a bread bowl	###
CVary_9_307_pepper cheese straws	###
CVary_9_315_coconut shrimp	###
CVary_9_322_kielbasa in quilts	###
CVary_10_354_bruschetta with mozzarella and fresh oregano	###
CVary_10_359_grilled shrimp tacos	###
CVary_10_360_crisp shredded pork tacos or flautas	###
CVary_10_360_crisp black bean tacos or flautas	###
CVary_11_391_german dog	###
CVary_11_391_cheese dog	###
CVary_11_391_mexican dog	###
CVary_11_391_yuppie dog	###
CVary_11_391_chili dog	###
CVary_11_391_cincinnati five-way chili dog	###
CVary_11_392_cheeseburger	###
CVary_11_392_bacon cheeseburger	###
CVary_11_392_double-cheese tomato burger	###
CVary_11_392_blue cheese and bacon burger	###
CVary_11_392_california burger	###
CVary_11_392_tex-mex burger	###
CVary_11_392_chili burger	###
CVary_11_392_barbecue burgers	###
CVary_11_397_open-faced hot turkey sandwich	###
CVary_11_397_open-faced hot chicken sandwich	###
CVary_11_400_deli-style pastrami and corned beef triple-decker sandwich	###
CVary_11_400_deli-style roast beef and liver triple-decker sandwich	###
CVary_11_403_the mackie	###
CVary_11_403_blushing bunny	###
CVary_11_408_rachel sandwich	###
CVary_11_409_croque madame	###
CVary_11_409_monte cristo	###
CVary_11_421_chicken fajitas	###
CVary_11_422_shredded pork burritos	###
CVary_11_422_grilled vegetable burritos	###
CVary_11_423_pizza margherita	###
CVary_11_423_pizza romano	###
CVary_11_423_seattle pizza	###
CVary_11_423_italian sausage and onion pizza	###
CVary_11_423_mushroom, sausage, and pepperoni pizza	###
CVary_11_423_prosciutto, artichoke heart, and black olive pizza	###
CVary_11_423_fennel, onion, and asiago cheese pizza	###
CVary_11_423_grilled eggplant, mushroom, and sun-dried tomato pizza	###
CVary_11_424_fresh tomato , basil, and feta cheese pizza	###

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CVary_11_424_caramelized onion, black olive, and rosemary pizza	###
CVary_11_424_fresh clam and garlic pizza	###
CVary_11_424_spicy shrimp and roasted red pepper pizza	###
CVary_11_424_portobello mushroom and goat cheese pizza	###
CVary_11_424_chicken and broccoli pizza	###
CVary_11_424_potato and sage pizza	###
CVary_11_425_grilled pizza with anchovy and mozzarella	###
CVary_11_425_grilled pizza bolognese	###
CVary_11_425_grilled pizza with mixed herbs and cheese	###
CVary_11_425_other possibilities for grilled pizza	###
CVary_11_426_calzones with tomato sauce, mozzarella, and assorted fillings	###
CVary_11_426_calzone with prosciutto and three cheeses	###
CVary_11_426_calzone with pepperoni, onion, and peppers	###
CVary_11_426_calzone with sausage and caramelized onions	###
CVary_11_426_calzone with chicken, black olives, and sun-dried tomatoes	###
CVary_12_440_warm spinach salad	###
CVary_12_449_tomato and basil salad	###
CVary_12_449_tomato and onion salad	###
CVary_12_449_tomato salad vinaigrette	###
CVary_12_453_avocado and citrus salad	###
CVary_12_459_pea, pea-pod, and pea shoot salad	###
CVary_12_474_chickpea and roasted red pepper salad	###
CVary_12_479_rice salad with chicken and pistachios	###
CVary_12_479_rice salad with sun-dried tomatoes	###
CVary_12_488_quinoa salad	###
CVary_12_495_curried chicken or turkey salad	###
CVary_12_501_shrimp salad	###
CVary_13_508_fresh herb vinaigrette i	###
CVary_13_509_fresh herb vinaigrette ii	###
CVary_13_508_basil chive vinaigrette i	###
CVary_13_509_basil chive vinaigrette ii	###
CVary_13_508_green peppercorn vinaigrette i	###
CVary_13_509_green peppercorn vinaigrette ii	###
CVary_13_508_lime vinaigrette i	###
CVary_13_509_lime vinaigrette ii	###
CVary_13_508_horseradish vinaigrette i	###
CVary_13_509_horseradish vinaigrette ii	###
CVary_13_508_lemon caper vinaigrette i	###
CVary_13_509_lemon caper vinaigrette ii	###
CVary_13_508_black pepper vinaigrette i	###
CVary_13_509_black pepper vinaigrette ii	###
CVary_14_550_soufflÚd cheese grits	###
CVary_14_556_quick-cooking oats with raisins and spices	###
CVary_14_562_basic cooked converted rice	###
CVary_14_578_spring or summer risotto with vegetables (primavera or dÆestate)	###
CVary_14_578_classic venetian rice and peas (risi e bisi)	###
CVary_14_578_risotto with mushrooms	###
CVary_14_578_risotto with seafood i	###
CVary_14_578_risotto with seafood ii	###

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CVary_14_581_shellfish paella	###
CVary_15_623_campfire beans	###
CVary_16_638_spinach pasta	###
CVary_16_638_herb pasta	###
CVary_16_638_especially strong pasta	###
CVary_16_638_whole-wheat pasta	###
CVary_16_639_piquant tomato sauce	###
CVary_16_639_sun-dried tomato sauce	###
CVary_16_642_fresh tomato sauce with mozzarella	###
CVary_16_642_fresh tomato sauce with black olives	###
CVary_16_642_fresh tomato sauce with fresh oregano or parsley	###
CVary_16_642_fresh tomato sauce with hot chili pepper	###
CVary_16_645_italian-style meatballs	###
CVary_16_653_less buttery butter and cheese sauce	###
CVary_16_659_linguine with red clam sauce	###
CVary_16_685_baked macaroni and cheese (reduced fat)	###
CVary_16_696_spicy peanut sesame noodles with chicken	###
CVary_16_702_japanese noodles in dashi	###
CVary_16_702_moon-viewing noodles	###
CVary_17_714_green beans with slivered almonds i	###
CVary_17_714_green beans with slivered almonds ii	###
CVary_17_734_braised brussels sprouts and shallots	###
CVary_17_747_glazed carrots	###
CVary_17_747_creamed carrots	###
CVary_17_749_celery root puree	###
CVary_17_749_parsnip puree	###
CVary_17_749_rutabaga puree	###
CVary_17_854_celery root and potato gratin	###
cRecipe_17_chard tart new	###
CVary_17_764_grilled corn in the husks	###
CVary_17_2090_roasted corn without husks	###
CVary_17_2090_roasted corn in foil	###
CVary_17_765_sautÚed corn with other vegetables	###
CVary_17_773_creamed cucumbers with fresh herbs	###
cRecipe_17_aglaiaÆs moussaka	###
CVary_17_805_grilled mushrooms with garlic or nut butter	###
CVary_17_808_becker duxelles	###
CVary_17_822_maple glazed parsnips	###
CVary_17_822_parsnip puree with sherry or madeira	###
cRecipe_17_warm mashed potato salad	###
cRecipe_17_potato croquettes	###
CVary_17_851_tex-mex potatoes	###
CVary_17_851_blue cheese and bacon potatoes	###
cRecipe_17_scalloped potatoes	###
CVary_17_858_salsify with browned butter	###
CVary_17_862_purÚed spinach	###
CVary_17_866_spinach and cheese tiropites	###
cRecipe_17_moroccan-style vegetable stew	###
CVary_17_905_scandinavian rutabaga puree	###

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CVary_18_912_macÚdoine of fresh fruits	###
CVary_18_915_berry applesauce i	###
CVary_18_915_berry applesauce ii	###
CVary_18_915_french applesauce	###
CVary_18_918_buttered-rum baked apples	###
CVary_18_940_chocolate-dipped candied citrus peel	###
CVary_18_952_poires hÚlÞne	###
CVary_19_962_bread stuffing with toasted nuts or chestnuts and dried fruit	###
CVary_19_962_bread stuffing with oysters	###
CVary_19_965_bacon stuffing for fish	###
CVary_19_965_crabmeat stuffing	###
CVary_19_966_corn bread stuffing with sausage and bell peppers	###
CVary_19_966_corn bread stuffing with oysters and toasted pecans	###
CVary_20_978_raspberry mignonette	###
CVary_20_978_champagne mignonette	###
CVary_21_1036_broiled fillets with herbs	###
CVary_21_1036_broiled fillets with seasoned breadcrumbs	###
CVary_21_1083_shrimp seviche	###
CVary_22_1103_broiled chicken with barbecue sauce	###
CVary_22_1103_broiled teriyaki chicken	###
CVary_22_1111_baked chicken with asian-ginger spice paste	###
CVary_22_1111_baked chicken with thai green curry paste	###
CVary_22_1123_baked stuffed boneless chicken breasts sicilian style	###
CVary_22_1128_chicken and dumplings	###
CVary_22_1168_reduced-fat giblet gravy	###
CVary_22_1174_turkey or chicken meatballs	###
CVary_22_1175_crispy roasted duck with quick orange sauce	###
CVary_23_1191_grilled squab	###
CVary_24_1202_slow-roasted beef rib roast with dry mustard marinade	###
CVary_24_1203_slow-roasted rib-eye roast	###
CVary_24_1203_herb- or spice-rubbed rib-eye roast (high-temperature method)	###
CVary_24_1204_orange-molasses glazed strip loin roast	###
CVary_24_1204_mustard-seed-crusted strip loin roast	###
CVary_24_1204_slow-roasted strip loin roast	###
CVary_24_1205_garlic-and-herb-studded sirloin roast i	###
CVary_24_1205_roasted sirloin (high-temperature method)	###
CVary_24_2145_garlic-and-herb-studded sirloin roast ii	###
CVary_24_1207_spice-rubbed roasted filet of beef	###
CVary_24_1207_garlic-and-herb-roasted filet of beef	###
CVary_24_1209_spice-rubbed grilled filet or tenderloin of beef	###
CVary_24_1209_marinated grilled filet or tenderloin of beef	###
CVary_24_1211_beef wellington for two	###
CVary_24_1214_marinated or spice-rubbed steak	###
CVary_24_1214_spice-crusted sirloin with lemon garlic butter	###
CVary_24_1220_blackened steak	###
CVary_24_1224_sautÚed steak with red wine herb sauce	###
CVary_24_1242_chili with meat and beans	###
CVary_24_1251_sweet & sour brisket with dried fruit	###
CVary_24_1252_potato and dried fruit tzimmis:	###



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CVary_24_1256_red flannel hash	###
CVary_24_1258_veal roast with prosciutto and herbs i	###
CVary_24_1259_veal roast with prosciutto and herbs ii	###
CVary_24_1263_veal piccata	###
CVary_24_1263_veal marsala	###
CVary_24_1119_veal parmigiana	###
CVary_24_1268_sautÚed veal chops with wild mushrooms	###
CVary_24_1268_sautÚed veal chops served agrodolce	###
CVary_24_1268_sautÚed veal chops with artichokes and black olives	###
CVary_24_1269_sautÚed veal medallions on arugula tomato salad	###
CVary_24_1274_seed-crusted roasted boneless pork loin	###
CVary_24_1275_stuffed boneless pork loin with prunes	###
CVary_24_1281_pulled pork, north carolina-style	###
CVary_24_1289_spice-rubbed grilled pork tenderloin	###
CVary_24_1296_spice-rubbed grilled pork chops	###
CVary_24_1308_ham steak with red-eye gravy	###
CVary_24_1314_glazed bone-in leg of lamb	###
CVary_24_1314_roasted bone-in leg of lamb with caper sauce	###
CVary_24_1315_tapenade-stuffed butterflied leg of lamb	###
CVary_24_1316_marinated butterflied leg of lamb	###
CVary_24_1229_lamb kebabs	###
CVary_24_1317_roasted rack of lamb with mustard coating	###
CVary_24_1317_roasted rack of lamb with moroccan spice rub	###
CVary_24_1318_roasted loin of lamb with persillade	###
CVary_24_1319_pan-broiled lamb chops	###
CVary_24_1322_broiled or grilled lamb steaks with mediterranean garlic herb paste	###
CVary_24_1335_southwestern meat loaf	###
CVary_24_1335_italian meat loaf	###
CVary_24_1335_additions to meat loaf variation	###
CVary_24_1347_venetian-style liver and onions	###
CVary_24_1351_sautÚed sweetbreads with bacon and curly endive	###
CVary_25_1357_slow-rising white bread	###
CVary_25_1356_fast whole-wheat bread	###
CVary_25_1357_quick-rising whole-wheat bread	###
CVary_25_1357_slow-rising whole-wheat bread	###
CVary_25_1358_whole-wheat sandwich bread	###
CVary_25_1356_basic rye bread i	###
CVary_25_1357_basic rye bread ii	###
CVary_25_1358_basic rye bread iii	###
CVary_25_1361_three-strand braided challah	###
CVary_25_1361_four-strand braided challah	###
CVary_25_1378_white bread with yeast-leavened starter	###
CVary_25_1378_white bread with mixed starter	###
CVary_25_1392_brioche Ó tÚte (topped brioche)	###
CVary_25_1392_sectioned brioche loaf	###
CVary_25_1396_coffeecake loaf with streusel	###
CVary_26_1398_poppy seed loaf	###
CVary_26_1407_beer, cheese, and scallion bread	###
CVary_26_1409_corn sticks	###

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CVary_26_1409_buckwheat corn bread i	###
CVary_26_1410_buckwheat corn bread ii	###
CVary_26_1409_corn bread with raisins, nuts, and spices i	###
CVary_26_1410_corn bread with raisins, nuts, and spices ii	###
CVary_26_1409_corn bread with rosemary and pine nuts i	###
CVary_26_1410_corn bread with rosemary and pine nuts ii	###
CVary_26_1409_corn bread with rajas i	###
CVary_26_1410_corn bread with rajas ii	###
CVary_26_1409_corn bread with jalapeño or smoked chili peppers i	###
CVary_26_1410_corn bread with jalapeño or smoked chili peppers ii	###
CVary_26_1409_smoky bacon, cheese, and roasted hot pepper corn bread i	###
CVary_26_1410_smoky bacon, cheese, and roasted hot pepper corn bread ii	###
CVary_26_1416_cranberry or apple streusel coffeecake	###
CVary_26_1416_coffeecake with marbled filling	###
CVary_26_1419_deluxe coconut chocolate chip coffeecake	###
CVary_26_1419_deluxe raspberry almond coffeecake	###
CVary_26_1420_basic yogurt, buttermilk, or sour cream muffins	###
CVary_26_1410_blueberry muffins i	###
CVary_26_1420_blueberry muffins ii	###
CVary_26_1421_blueberry muffins iii	###
CVary_26_1410_raspberry muffins i	###
CVary_26_1420_raspberry muffins ii	###
CVary_26_1421_raspberry muffins iii	###
CVary_26_1420_lemon poppy seed muffins i	###
CVary_26_1421_lemon poppy seed muffins ii	###
CVary_26_1420_doughnut muffins or butter puffs i	###
CVary_26_1421_doughnut muffins or butter puffs ii	###
CVary_26_1429_cheese popovers	###
CVary_26_1431_cornmeal biscuits	###
CVary_26_1431_whole-wheat biscuits	###
CVary_26_1431_reduced-fat basic rolled biscuits	###
CVary_26_1431_fluffy or shortcake biscuits	###
CVary_26_1431_buttermilk biscuits	###
CVary_26_1436_cream scones	###
CVary_26_1436_apricot, blueberry, cranberry, cherry, or ginger scones	###
CVary_26_1436_lemon scones	###
CVary_26_1436_chocolate-chip orange scones	###
CVary_27_1439_basic buttermilk pancakes	###
CVary_27_1440_jalapeño cornmeal pancakes	###
CVary_27_1442_savory cottage cheese pancakes:	###
CVary_27_1446_lemon poppy seed pancakes	###
CVary_27_1449_double dutch pancake	###
CVary_27_1450_basic buttermilk waffles	###
CVary_27_1456_basic savory crêpes	###
CVary_27_1466_honey-bun orange french toast	###
CVary_27_1470_jelly doughnuts	###
CVary_27_1470_honey-dipped doughnuts	###
CVary_28_1495_cornmeal citrus cookies	###
CVary_28_1495_chocolate-cinnamon cookies	###

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CVary_28_1495_marble cookies	###
CVary_28_1495_lemon butter cookies	###
CVary_28_1495_lemon poppy seed cookies	###
CVary_28_1495_orange butter cookies	###
CVary_28_1495_orange-nut cookies	###
CVary_28_1495_coconut cookies	###
CVary_28_1495_ginger cookies	###
CVary_28_1495_butterscotch cookies	###
CVary_28_1495_peanut butter cookies	###
CVary_28_1495_spice cookies	###
CVary_28_1495_raisin-spice cookies	###
CVary_28_1497_lemon sablés	###
CVary_28_1515_linzer hearts	###
CVary_29_1525_milk chocolate truffles	###
CVary_30_1535_lard flaky pastry dough	###
CVary_30_1536_cornmeal flaky pastry dough	###
CVary_30_1536_nutted flaky pastry dough	###
CVary_30_1536_sweet flaky pastry dough (pâte sucrée)	###
CVary_30_1536_whole-wheat flaky pastry dough	###
CVary_30_1551_peach raspberry pie	###
CVary_30_1553_strawberry rhubarb pie	###
CVary_30_1562_fresh fruit cream tartlets	###
CVary_30_1568_banana cream pie	###
CVary_30_1568_butterscotch cream pie	###
CVary_30_1568_chocolate cream pie	###
CVary_30_1568_coconut cream pie	###
CVary_30_1574_chocolate-frosted custard pie	###
CVary_30_1574_coconut custard pie	###
CVary_30_1577_sweet potato pudding	###
CVary_30_1578_chocolate pecan pie	###
CVary_30_1578_chocolate chip or chunk pecan pie	###
CVary_30_1579_buttermilk chess pie	###
CVary_30_1579_lemon chess pie	###
CVary_30_1584_unbaked eggless key lime pie	###
CVary_31_1588_blueberry pandowdy	###
CVary_31_1589_cornmeal cobbler biscuit dough	###
CVary_31_1589_sour cream cobbler biscuit dough	###
CVary_31_1598_apple almond crisp	###
CVary_31_1606_fruit clafouti	###
CVary_32_1614_raspberry croissants	###
CVary_32_1614_almond croissants	###
CVary_33_1634_orange almond cake	###
CVary_33_1641_lemon coconut layer cake	###
CVary_33_1641_lady cake	###
CVary_33_1642_six-layer cake i	###
CVary_33_1643_six-layer cake ii	###
CVary_33_1645_seed cake	###
CVary_33_1645_mace pound cake	###
CVary_33_1647_liquor-soaked chocolate pound cake	###

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CVary_33_1653_raisin or prune spice cake	###
CVary_33_1659_passover nut sponge cake	###
CVary_33_1666_orange chiffon cake	###
CVary_33_1666_banana chiffon cake	###
CVary_33_1666_pumpkin chiffon cake	###
CVary_33_1666_no-cholesterol chiffon cakes	###
CVary_33_1668_spiced angel cake	###
CVary_33_1668_coffee-flecked angel cake	###
CVary_33_1668_coffee-flavored angel cake	###
CVary_33_1668_candy angel cake	###
CVary_33_1668_coconut angel cake	###
CVary_33_1668_lemon or orange angel cake	###
CVary_33_1668_cocoa angel cake	###
CVary_33_1668_nutty angel cake i	###
CVary_33_1668_nutty angel cake ii	###
CVary_33_1668_extra-chocolate angel cake i	###
CVary_33_1668_extra-chocolate angel cake ii	###
CVary_33_1668_marble angel cake	###
cRecipe_33_gÚnoise or chocolate gÚnoise sponge sheet	###
cRecipe_33_chiffon cake sheet	###
cRecipe_33_angel cake sheet	###
CVary_33_1670_reduced-fat chocolate soufflÚ sheet	###
CVary_33_1671_meringue ii (granulated and powdered sugar)	###
CVary_33_1671_warm-method meringue i	###
CVary_33_2328_warm-method meringue ii	###
CVary_33_1671_coffee-flavored meringue i	###
CVary_33_1671_coffee-flavored meringue ii	###
CVary_33_1671_coffee-flavored meringue iii	###
CVary_33_2328_coffee-flavored meringue iv	###
CVary_33_1671_cocoa meringue i	###
CVary_33_2328_cocoa meringue ii	###
CVary_33_1675_hazelnut torte	###
CVary_33_1675_flourless matzo almond torte	###
CVary_33_1683_lemon jelly roll	###
CVary_33_1683_chocolate-filled jelly roll	###
CVary_33_1694_chocolate raspberry cream cake	###
CVary_33_1694_black forest cake	###
CVary_33_1696_currant cake	###
CVary_33_1696_white fruitcake	###
CVary_33_1701_fresh raspberry water-bath cheesecake	###
CVary_33_1702_chocolate marble cheesecake (reduced fat)	###
CVary_33_1702_lemon cheesecake (reduced fat)	###
CVary_33_1702_mocha cheesecake (reduced fat)	###
CVary_33_1706_high-altitude chocolate angel cake	###
CVary_33_1706_high-altitude spiced angel cake	###
CVary_34_1711_stabilized whipped cream	###
CVary_34_1711_coffee whipped cream	###
CVary_34_1711_liquor-flavored whipped cream	###
CVary_34_1711_mocha whipped cream	###

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CVary_34_1711_cocoa whipped cream	###
CVary_34_1711_neoclassic lady baltimore filling and frosting	###
CVary_34_1711_whipped cream filling with fruit, nuts, candy, or cookies variation	###
CVary_34_1712_chocolate pastry cream	###
CVary_34_1712_cocoa pastry cream	###
CVary_34_1712_coffee pastry cream	###
CVary_34_1712_banana pastry cream	###
CVary_34_1712_hazelnut or almond praline pastry cream	###
CVary_34_1712_frangipane pastry cream i	###
CVary_34_1712_frangipane pastry cream ii	###
CVary_34_1712_butterscotch pastry cream	###
CVary_34_1713_reduced-fat cocoa pastry cream	###
CVary_34_1717_reduced-fat lemon curd	###
CVary_34_1726_seven-minute lemon frosting	###
CVary_34_1726_seven-minute orange frosting	###
CVary_34_1726_seven-minute penuche or brown sugar frosting	###
CVary_34_1728_coffee buttercream i	###
CVary_34_1729_coffee buttercream ii	###
CVary_34_1728_mocha buttercream i	###
CVary_34_1729_mocha buttercream ii	###
CVary_34_1728_chocolate buttercream i	###
CVary_34_1729_chocolate buttercream ii	###
CVary_34_1728_praline or nut buttercream i	###
CVary_34_1729_praline or nut buttercream ii	###
CVary_34_1728_orange buttercream i	###
CVary_34_1729_orange buttercream ii	###
CVary_34_1728_lemon buttercream i	###
CVary_34_1729_lemon buttercream ii	###
CVary_34_1728_liquor-flavored buttercream i	###
CVary_34_1729_liquor-flavored buttercream ii	###
CVary_34_1734_white chocolate frosting	###
CVary_34_1738_whipped white chocolate ganache filling and frosting	###
CVary_34_1738_whipped milk chocolate ganache filling and frosting	###
CVary_34_1738_whipped mocha ganache filling and frosting	###
CVary_34_1740_quick lemon icing	###
CVary_34_1741_quick orange icing	###
CVary_34_1740_quick mocha icing i	###
CVary_34_1741_quick mocha icing ii	###
CVary_34_1748_italian cream frosting i	###
CVary_34_1748_italian cream frosting ii	###
CVary_34_1748_chocolate cream cheese frosting i	###
CVary_34_1748_chocolate cream cheese frosting ii	###
CVary_34_1751_quick lemon icing for cookies	###
CVary_34_1756_lemon syrup	###
CVary_35_1766_chocolate pots de cr�me	###
CVary_35_1767_coffee flan (cr�me caramel au caf�)	###
CVary_35_1769_ginger cr�me br�le	###
CVary_35_1769_maple cr�me br�le	###
CVary_35_1769_raspberry cr�me br�le	###

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CVary_35_1778_rice pudding br4Ue	###
CVary_35_1788_orange sponge custard	###
CVary_35_1789_pumpkin buttermilk pudding	###
CVary_35_1792_chocolate mousse with gelatin	###
CVary_35_1796_cold lime soufflÚ or bavarian cream	###
CVary_35_1796_cold orange soufflÚ or bavarian cream	###
CVary_36_1813_chocolate custard sauce	###
CVary_36_1813_coffee custard sauce	###
CVary_36_1813_vanilla bean custard sauce	###
CVary_36_1815_hot brandy sauce	###
CVary_36_1815_hot brown sugar sauce	###
CVary_36_1818_rich hot lime sauce	###
CVary_36_1819_reduced-fat clear lime sauce	###
CVary_36_1827_warm milk chocolate sauce	###
CVary_36_1828_chocolate caramel sauce	###
CVary_36_1828_caramel syrup	###
CVary_36_1837_hot peach sauce	###
CVary_6_155_red curry paste	###
CVary_14_578_spring or summer risotto with vegetables (primavera or dÆestate) ii	###
CVary_16_691_cheese spÖtzle	###
CVary_23_1235_venison pot roast	###
CVary_24_1271_pork orloff cockaigne	###
CVary_25_1359_milk bread pompons	###
CVary_25_1359_joined finger rolls	###
CVary_25_1359_parker house rolls	###
CVary_25_1359_cloverleaf rolls	###
CVary_25_1363_oatmeal molasses rolls	###
CVary_25_1365_cheese rolls	###
CVary_26_1409_corn muffins i	###
CVary_26_1410_corn muffins ii	###
CVary_26_1431_quick drop biscuits	###
CVary_32_307_cinnamon sugar sticks	###
cRecipe_33_baked alaska	###
CVary_34_1757_coffee liquor and honey soak	###
CVary_35_1770_caramel glaze ii	###
CVary_35_1770_caramel glaze iii	###

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- 10 italian hot cocoa
- 13 vegetable stock
- 16 chicken stock
- 19 brown beef stock
- 19 brown beef stock
- 20 white veal stock
- 21 fish stock
- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)
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- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)
- 30 sauce béchamel (white sauce)



- 32 flourless white sauce
- 32 flourless white sauce
- 34 velouté sauce
- 34 velouté sauce
- 34 velouté sauce
- 34 velouté sauce
- 53 hollandaise sauce
- 54 blender hollandaise sauce
- 53 hollandaise sauce
- 54 blender hollandaise sauce
- 53 hollandaise sauce
- 54 blender hollandaise sauce
- 53 hollandaise sauce
- 54 blender hollandaise sauce
- 55 béarnaise sauce
- 56 blender béarnaise sauce
- 55 béarnaise sauce
- 56 blender béarnaise sauce
- 55 béarnaise sauce
- 56 blender béarnaise sauce
- 55 béarnaise sauce
- 56 blender béarnaise sauce
- 57 beurre noisette (brown butter)
- 57 beurre noisette (brown butter)
- 59 beurre blanc (white butter sauce)
- 59 beurre blanc (white butter sauce)
- 59 beurre blanc (white butter sauce)
- 72 mango salsa
- 98 grainy or smooth french-style mustard
- 0
- 0
- 99 traditional mayonnaise
- 100 blender mayonnaise
- 99 traditional mayonnaise
- 100 blender mayonnaise
- 99 traditional mayonnaise and yogurt mayonnaise i
- 100 blender mayonnaise and yogurt mayonnaise ii
- 99 traditional mayonnaise
- 100 blender mayonnaise
- 99 traditional mayonnaise
- 100 blender mayonnaise
- 99 traditional mayonnaise
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- 100 blender mayonnaise

99	traditional mayonnaise
100	blender mayonnaise
103	garlic mayonnaise (a'oli)
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
107	basic flavored butter
113	chili oil
128	georgian garlic and walnut sauce
137	japanese wasabi soy sauce
138	citrus herb marinade
143	red wine marinade
173	cream of cauliflower soup
173	cream of cauliflower soup
173	cream of cauliflower soup
175	mushroom soup
177	fresh tomato soup
191	smooth potato leek soup (potage parmentier)
194	lentil soup
194	lentil soup
203	chicken rice or barley soup
205	chicken or beef consommé
215	manhattan clam chowder
218	oyster stew
219	lobster bisque
230	oxtail soup
239	coddled egg
241	creamed eggs au gratin
241	creamed eggs au gratin
242	stuffed eggs
245	dyed easter eggs
246	fried eggs sunny-side-up
246	fried eggs sunny-side-up
246	fried eggs sunny-side-up
252	eggs benedict
252	eggs benedict
251	poached eggs (basic recipe)
256	baked eggs (basic recipe)
256	baked eggs
257	french omelet
257	french omelet
260	zucchini frittata
262	souffléed omelet (basic recipe)
263	cheese soufflé

263 cheese soufflé  
264 spinach soufflé  
268 quiche lorraine  
268 quiche lorraine  
269 crustless quiche  
272 basic breakfast strata  
281 spinach yogurt dip  
307 parmesan straws  
315 beer-batter shrimp  
322 pigs in a blanket  
354 bruschetta with tomatoes and basil  
359 grilled fish tacos  
360 crisp shredded chicken tacos or flautas  
360 crisp shredded chicken tacos or flautas  
391 the hot dog  
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392 the hamburger  
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392 the hamburger  
397 open-faced hot roast beef sandwich  
397 open-faced hot roast beef sandwich  
400 deli-style corned beef and tongue triple-decker sandwich  
400 deli-style corned beef and tongue triple-decker sandwich  
403 welsh rarebit  
403 welsh rarebit  
408 reuben sandwich  
409 croque monsieur  
409 croque monsieur  
421 steak fajitas  
422 classic bean burritos  
422 classic bean burritos  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
423 pizza with tomato sauce, mozzarella, and assorted toppings  
424 white pizza

424 white pizza  
424 white pizza  
424 white pizza  
424 white pizza  
424 white pizza  
424 white pizza  
425 grilled pizza with tomato and three cheeses  
425 grilled pizza with tomato and three cheeses  
425 grilled pizza with tomato and three cheeses  
425 grilled pizza with tomato and three cheeses  
426 calzone with assorted fillings  
426 calzone with assorted fillings  
426 calzone with assorted fillings  
426 calzone with assorted fillings  
426 calzone with assorted fillings  
440 spinach salad  
449 tomato salad  
449 tomato salad  
449 tomato salad  
453 avocado slices  
459 cold asparagus salad with sesame seeds  
474 chickpea salad  
479 rice salad with chicken and black olives  
479 rice salad with chicken and black olives  
488 couscous salad with pine nuts and raisins  
495 chicken or turkey salad  
501 lobster salad  
508 basic vinaigrette or french dressing  
509 reduced-fat vinaigrette  
508 basic vinaigrette or french dressing  
509 reduced-fat vinaigrette  
508 basic vinaigrette or french dressing  
509 reduced-fat vinaigrette  
508 basic vinaigrette or french dressing  
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509 reduced-fat vinaigrette  
508 basic vinaigrette or french dressing  
509 reduced-fat vinaigrette  
508 basic vinaigrette or french dressing  
509 reduced-fat vinaigrette  
550 baked cheese grits  
556 old-fashioned rolled oats with raisins and spices  
562 basic cooked white rice  
578 risotto milanese  
578 risotto milanese  
578 risotto milanese  
578 risotto milanese  
578 risotto milanese

581 paella valenciana  
623 honey-glazed baked beans  
638 fresh egg pasta (basic recipe)  
638 fresh egg pasta (basic recipe)  
638 fresh egg pasta (basic recipe)  
638 fresh egg pasta (basic recipe)  
639 italian tomato sauce (basic recipe)  
639 italian tomato sauce (basic recipe)  
642 fresh tomato sauce  
642 fresh tomato sauce  
642 fresh tomato sauce  
642 fresh tomato sauce  
645 classic italian american tomato sauce ii  
653 fettuccine with butter and cheese  
659 linguine with white clam sauce  
685 baked macaroni and cheese  
696 spicy peanut sesame noodles  
702 japanese noodles in broth  
702 japanese noodles in broth  
714 green beans with sautéed mushrooms  
714 green beans with sautéed mushrooms  
734 brussels sprouts with chestnuts  
747 braised carrots  
747 braised carrots  
749 root vegetable puree  
749 root vegetable puree  
749 root vegetable puree  
854 gratin dauphinois  
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764 corn on the cob  
2090 grilled corn in the husks  
2090 grilled corn in the husks  
765 sautéed corn  
773 sautéed cucumbers with fresh herbs  
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805 grilled mushrooms  
808 duxelles  
822 glazed parsnips  
822 glazed parsnips  
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851 baked potatoes with cheese and bacon  
851 baked potatoes with cheese and bacon  
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858 salsify with herbs  
862 creamed spinach  
866 greek spinach and cheese pie (spanakopita)  
0  
905 turnip puree

912 fresh fruit cup or fruit salad  
915 applesauce  
915 applesauce  
915 applesauce  
918 baked apples with orange sauce  
940 candied citrus peel  
952 poached pears  
962 basic bread stuffing  
962 basic bread stuffing  
965 parsley and breadcrumb stuffing for fish  
965 parsley and breadcrumb stuffing for fish  
966 basic corn bread stuffing  
966 basic corn bread stuffing  
978 mignonette sauce  
978 mignonette sauce  
1036 broiled fillets with olive oil and lemon  
1036 broiled fillets with olive oil and lemon  
1083 sevicehe  
1103 broiled chicken or rock cornish hens  
1103 broiled chicken or rock cornish hens  
1111 baked chicken with chili-garlic spice paste  
1111 baked chicken with chili-garlic spice paste  
1123 baked stuffed boneless chicken breasts  
1128 chicken fricassee  
1168 giblet gravy  
1174 ground turkey or chicken loaf  
1175 crispy roasted duck  
1191 broiled squab  
1202 slow-roasted beef rib roast  
1203 beef rib-eye roast (high-temperature method)  
1203 beef rib-eye roast (high-temperature method)  
1204 beef strip loin roast (high-temperature method)  
1204 beef strip loin roast (high-temperature method)  
1204 beef strip loin roast (high-temperature method)  
1205 slow-roasted beef sirloin  
1205 slow-roasted beef sirloin  
2145 roasted sirloin (high-temperature method)  
1207 roasted filet or tenderloin of beef (high-temperature method)  
1207 roasted filet or tenderloin of beef (high-temperature method)  
1209 grilled filet or tenderloin of beef  
1209 grilled filet or tenderloin of beef  
1211 beef wellington  
1214 grilled or broiled steak  
1214 grilled or broiled steak  
1220 basic pan-broiled steak  
1224 sautUed steak  
1242 beef chili (chili con carne)  
1251 sweet & sour brisket  
1252 tzimmis with potato knaidle

1256 corned beef hash  
1258 veal roast (high-temperature method)  
1259 slow-roasted veal  
1263 veal scaloppine  
1263 veal scaloppine  
1119 chicken parmigiana  
1268 sautéed veal chops  
1268 sautéed veal chops  
1268 sautéed veal chops  
1269 sautéed veal medallions  
1274 almond-crusted roasted boneless pork loin  
1275 stuffed boneless pork loin with apples  
1281 pulled pork sandwiches  
1289 grilled pork tenderloin  
1296 grilled pork chops  
1308 sautéed ham steak  
1314 roasted bone-in leg of lamb  
1314 roasted bone-in leg of lamb  
1315 stuffed butterflied leg of lamb  
1316 broiled or grilled butterflied leg of lamb  
1229 broiled or grilled beef kebabs  
1317 roasted rack of lamb  
1317 roasted rack of lamb  
1318 roasted loin of lamb  
1319 sautéed lamb chops  
1322 broiled or grilled lamb steaks  
1335 classic meat loaf  
1335 classic meat loaf  
1335 classic meat loaf  
1347 liver and onions  
1351 sautéed sweetbreads  
1357 quick-rising white bread  
1356 fast white bread  
1357 quick-rising white bread  
1357 quick-rising white bread / slow-rising white bread  
1358 white sandwich bread  
1356 fast white bread  
1357 quick-rising white bread  
1358 white sandwich bread  
1361 challah  
1361 challah  
1378 white bread with a sponge starter  
1378 white bread with a sponge starter  
1392 brioche  
1392 brioche  
1396 yeasted coffeecake  
1398 irish american soda bread  
1407 quick beer bread  
1409 southern corn bread

Sheet1

1409 southern corn bread  
1410 northern corn bread  
1409 southern corn bread  
1410 northern corn bread  
1409 southern corn bread  
1410 northern corn bread  
1409 southern corn bread  
1410 northern corn bread  
1409 southern corn bread  
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1409 southern corn bread  
1410 northern corn bread  
1416 sour cream or yogurt coffeecake  
1416 sour cream or yogurt coffeecake  
1419 deluxe sunday morning coffeecake  
1419 deluxe sunday morning coffeecake  
1420 basic muffins with milk or cream  
1410 northern corn bread  
1420 basic muffins with milk or cream  
1421 basic reduced-fat muffins  
1410 northern corn bread  
1420 basic muffins with milk or cream  
1421 basic reduced-fat muffins  
1420 basic muffins with milk or cream / basic yogurt, buttermilk, or sour cream muffins  
1421 basic reduced-fat muffins  
1420 basic muffins with milk or cream / basic yogurt, buttermilk, or sour cream muffins  
1421 basic reduced-fat muffins  
1429 popovers  
1431 basic rolled biscuits  
1431 basic rolled biscuits  
1431 basic rolled biscuits  
1431 basic rolled biscuits  
1431 basic rolled biscuits  
1436 classic currant scones  
1436 classic currant scones  
1436 classic currant scones  
1436 classic currant scones  
1439 basic pancakes  
1440 cornmeal pancakes  
1442 cottage cheese pancakes  
1446 lemon pancakes  
1449 dutch baby  
1450 basic waffles  
1456 basic sweet crÛpes  
1466 honey-bun french toast  
1470 yeast doughnuts  
1470 yeast doughnuts  
1495 fourteen in one (master recipe)  
1495 fourteen in one (master recipe)



1495 fourteen in one (master recipe)  
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1495 fourteen in one (master recipe)  
1495 fourteen in one (master recipe)  
1495 fourteen in one (master recipe)  
1495 fourteen in one (master recipe) / spice cookies  
1497 sablŕs  
1515 drei augen  
1525 dark chocolate truffles (basic recipe)  
1535 flaky pastry dough  
1536 deluxe butter flaky pastry dough (pÔte brisÚe)  
1536 deluxe butter flaky pastry dough (pÔte brisÚe)  
1536 deluxe butter flaky pastry dough (pÔte brisÚe)  
1536 deluxe butter flaky pastry dough (pÔte brisÚe)  
1551 peach pie  
1553 rhubarb pie  
1562 fresh fruit pastry cream tart  
1568 vanilla cream pie  
1568 vanilla cream pie  
1568 vanilla cream pie  
1568 vanilla cream pie  
1574 custard pie  
1574 custard pie  
1577 sweet potato pie  
1578 pecan pie  
1578 pecan pie  
1579 chess pie  
1579 chess pie  
1584 key lime pie  
1588 apple pandowdy  
1589 basic cobbler biscuit dough  
1589 basic cobbler biscuit dough  
1598 apple crisp  
1606 clafouti  
1614 croissants de boulanger  
1614 croissants de boulanger  
1634 orange rum cake  
1641 white cake  
1641 white cake  
1642 gold cake  
1643 1-2-3-4 yellow cake  
1645 flo brakerÆs pound cake  
1645 flo brakerÆs pound cake  
1647 liquor-soaked powdered sugar pound cake

Sheet1

1653 velvet spice cake  
1659 passover sponge cake  
1666 basic chiffon cake  
1666 basic chiffon cake  
1666 basic chiffon cake  
1666 basic chiffon cake  
1668 basic angel cake  
1668 basic angel cake  
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1668 basic angel cake / cocoa angel cake  
1668 basic angel cake  
1668 basic angel cake / cocoa angel cake  
1668 basic angel cake / cocoa angel cake  
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1670 flourless chocolate soufflé sheet  
1671 meringue i (granulated sugar)  
1671 meringue i (granulated sugar)  
2328 meringue ii (granulated and powdered sugar)  
1671 meringue i (granulated sugar)  
1671 meringue i (granulated sugar) / meringue ii (granulated and powdered sugar)  
1671 meringue i (granulated sugar) / warm-method meringue i  
2328 meringue ii (granulated and powdered sugar) / warm-method meringue ii  
1671 meringue i (granulated sugar) / meringue ii (granulated and powdered sugar)  
2328 meringue ii (granulated and powdered sugar) / warm-method meringue ii  
1675 almond torte cockaigne  
1675 almond torte cockaigne  
1683 old-fashioned jelly roll  
1683 old-fashioned jelly roll  
1694 chocolate cherry torte  
1694 chocolate cherry torte  
1696 fruitcake cockaigne  
1696 fruitcake cockaigne  
1701 creamy water-bath cheesecake  
1702 vanilla cheesecake (reduced fat)  
1702 vanilla cheesecake (reduced fat)  
1702 vanilla cheesecake (reduced fat)  
1706 high-altitude angel cake  
1706 high-altitude angel cake  
1711 whipped cream  
1711 whipped cream  
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1711 whipped cream  
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1712 pastry cream (crème pâtissière)  
1712 pastry cream (crème pâtissière)  
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1712 pastry cream (crème pâtissière)  
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1712 pastry cream (crème pâtissière)  
1712 pastry cream (crème pâtissière)  
1712 pastry cream (crème pâtissière)  
1713 reduced-fat pastry cream  
1717 lemon curd  
1726 seven-minute frosting  
1726 seven-minute frosting  
1726 seven-minute frosting  
1728 classic buttercream  
1729 swiss meringue buttercream  
1728 classic buttercream / coffee buttercream i  
1729 swiss meringue buttercream / coffee buttercream ii  
1728 classic buttercream  
1729 swiss meringue buttercream  
1728 classic buttercream  
1729 swiss meringue buttercream  
1728 classic buttercream  
1729 swiss meringue buttercream  
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1729 swiss meringue buttercream  
1728 classic buttercream  
1729 swiss meringue buttercream  
1728 classic buttercream  
1729 swiss meringue buttercream  
1734 chocolate sour cream frosting  
1738 whipped ganache filling and frosting  
1738 whipped ganache filling and frosting  
1738 whipped ganache filling and frosting  
1740 quick white icing i  
1741 quick white icing ii  
1740 quick white icing i  
1741 quick white icing ii  
1748 cream cheese frosting (food processor method)  
1748 cream cheese frosting (electric mixer method)  
1748 cream cheese frosting (food processor method)  
1748 cream cheese frosting (electric mixer method)  
1751 quick cookie icing  
1756 simple syrup  
1766 vanilla pots de crème  
1767 flan (crème caramel)  
1769 crème brûlée  
1769 crème brûlée  
1769 crème brûlée

Sheet1

1778 individual baked rice puddings  
1788 lemon sponge custard  
1789 persimmon buttermilk pudding  
1792 chocolate mousse  
1796 cold lemon soufflé or bavarian cream  
1796 cold lemon soufflé or bavarian cream  
1813 custard sauce (crème anglaise)  
1813 custard sauce (crème anglaise)  
1813 custard sauce (crème anglaise)  
1815 southern whiskey sauce  
1815 southern whiskey sauce  
1818 rich hot lemon sauce  
1819 reduced-fat clear lemon sauce  
1827 warm white chocolate sauce  
1828 caramel sauce cockaigne  
1828 caramel sauce cockaigne  
1837 hot blueberry sauce  
155 thai green curry paste  
578 risotto milanese  
691 spätzle  
1235 beef pot roast (basic recipe)  
1271 slow-roasted boneless pork loin  
1359 milk bread  
1359 milk bread  
1359 milk bread  
1359 milk bread  
1363 oatmeal molasses bread  
1365 cheese bread  
1409 southern corn bread  
1410 northern corn bread  
1431 basic rolled biscuits  
307 parmesan straws  
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1757 strong liquor splash  
1770 caramel glaze i  
1770 caramel glaze i

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